



Press Release

Immediate Release

15 October 2026

Nottinghamshire Mental Health Patients Lend a Helping Hand to Homeless Charity

A mental health hospital in East Bridgford recently turned compassion into action by supporting a local homeless charity.

Located on Kneeton Road, [Cygnet Maple House](#) is a 16-bed service for women with mental health needs and personality disorders.

Two individuals supported at the Cygnet Health Care service dedicated their time to creating food packages to be given out at The Friary's Harvest Festival.

The Friary aids homeless and vulnerable adults in Nottinghamshire by offering advice, food parcels, clothing and emotional support.

Nicki Bicknell, Activity Coordinator at Cygnet Maple House, accompanied the duo to the charity's headquarters, where they spent time packaging up food donations to be given out to those in need.

"Our service users really enjoyed this activity, and it gave them a chance to focus on something else, whilst also giving back to society," she explained.

"It gives them a sense of pride. They could see firsthand the difference they are making when we visited the charity."

Reflecting on the experience, one of the service users said: "It is so nice to see where the money goes and the work they do."

The Friary is the focus of Cygnet Health Care service's charitable efforts this year. Staff and service users have already raised over £650 through a variety of events, including a bake sale and fancy-dress walk.

Andrew Hemmington-Page, Interim Hospital Manager at Cygnet Maple House, shared the service's fundraising motivation.

He said: "The Friary was chosen as our charity of the year by our service users. It is close to home and a cause that the whole service feels really passionate about. We all want to give something back to society so this year-long fundraiser is our way to raise as much money as possible."