Press Release

Immediate Release

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Nottinghamshire Mental Health Hospital Steps Out In Style for Charity

Mental health patients in East Bridgford pulled on their pyjamas and went the extra mile to raise funds for a local homeless charity.

Located on Kneeton Road, Cygnet Maple House is a 16-bed service for women with mental health needs and personality disorders.

Staff and service users at the Cygnet Health Care service recently took on a 6.2-kilometre sponsored walk in their pyjamas around their local park, raising £200 for The Friary.

The charity, which is the focus of Cygnet Maple House's charitable efforts this year, aids homeless and vulnerable adults in Nottinghamshire by offering advice, food parcels, clothing and emotional support.

A four-strong team of service users led the walk, supported by staff including Activity Coordinator Nicki Bicknell, who said: "At times, our service users found this walk difficult but they managed to push through and did amazingly well. We are so proud of them. It shows our service users what they can do when they are determined to finish something.

"The individuals we support are enjoying taking part in our fundraising as it gives them a chance to give something back to society as well as something else to focus on. It also gives them an enormous sense of pride."

The sponsored walk takes the Cygnet Health Care service's fundraising total for the year to over £850.

Andrew Hemmington-Page, Interim Hospital Manager at Cygnet Maple House, shared the service's fundraising motivation.

He said: "The Friary was chosen as our charity of the year by our service users. It is close to home and a cause that the whole service feels really passionate about. We all want to give something back to society so this year-long fundraiser is our way to raise as much money as possible."