

Improving lives together

Neuropsychiatric Inpatient Therapeutic Service

Combining personalised therapy and meaningful occupation with robust risk management for men with complex neuropsychiatric needs, including those with forensic histories.

Cygnet Afon Las, Denbighshire



Cygnet Afon Las is our brand-new Neuropsychiatric Inpatient Therapeutic Service in Wales and is due to open in Spring 2027. Our goal is to provide a safe place to live a meaningful life.

The service has been designed to support men with complex neuropsychiatric needs whose combination of neurological, cognitive, behavioural, mental health, and risk needs makes conventional community placement difficult to achieve or sustain. Cygnet Afon Las is registered as a mental health hospital, and can support individuals detained under forensic and civil sections of the Mental Health Act.

Men supported at Cygnet Afon Las may have a significant forensic history and may be subject to current legal restrictions, although this is not a requirement for admission.

We provide a safe, structured and least restrictive environment for individuals who cannot be supported within traditional community or nursing placements, offering psychiatric and psychologically informed care with a focus on risk management, dignity, and quality of life.



Male



18+ years



15 beds

The people we support:

- > Men aged 18+, diagnosed with:
 - Established or suspected Acquired Brain Injury, including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Neurodegenerative condition such as Huntington's Disease
 - Alcohol-related Brain Disease
- > Legal frameworks including Mental Health Act - both forensic and civil sections
- > May present with behaviours that challenge
- > May have a history of repeated placement breakdowns
- > May require a medication titration programme
- > May present with risks including: absconding, self-harm and/or substance misuse

Our Approach

We recognise that traditional metrics, such as speed of discharge, do not capture the full scope of recovery for everyone. For many individuals, meaningful outcomes are defined by long-term stability, enhanced safety, functional maintenance, and reduced distress. Our approach prioritises sustainable quality of life over rapid transition.

Set within a countryside environment, the service focuses on ordinary living rather than institutional routine. People are supported to develop individual patterns of daily life, with meaningful occupation forming an integral part of the therapeutic model.

Workshops, horticulture, animal husbandry, maintenance of the environment, cooking and other practical and creative activities provide opportunities for responsibility, achievement, routine, and connection.

Activities are adapted to the individual's abilities, interests, risks and aspirations, allowing people to contribute to the life of the service rather than simply receive care within it.

Where further progression becomes possible, it will be actively supported. Where long-term placement remains the most appropriate outcome, the emphasis remains on maintaining potential, maximising autonomy and ensuring that life continues to have purpose, choice and quality.

This everyday living environment is underpinned by specialist interdisciplinary neuropsychiatric oversight. Individual formulation, positive risk management and robust clinical governance enable appropriate freedoms and opportunities to balance with the protection of the individual and others. For people subject to legal restrictions, care and activity are planned within the requirements of their individual legal framework and risk formulation. A forensic history in itself does not define the person or the service.

Our expert interdisciplinary team includes:

- > Consultant Psychiatrist
- > Specialist Nursing Team
- > Clinical Psychology
- > Speech and Language Therapy
- > Occupational Therapy
- > Physiotherapy
- > Activity and Therapy Assistants

Our facilities:

- > En-suite bedrooms (a number are accessible)
- > Therapy and activity rooms
- > Communal lounges and dining areas
- > Visitor spaces
- > Safe, secure and accessible outdoor spaces



Our Aim:

To provide a safe and specialist environment where people can:

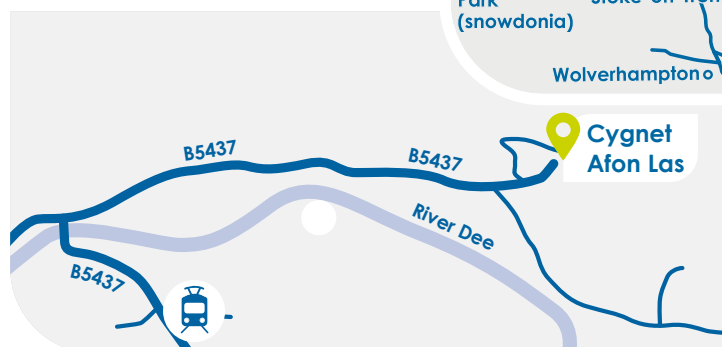
- Experience stability and security
- Enjoy meaningful relationships and activities
- Live with dignity, choice and independence
- Maximise their wellbeing and quality of life

Make a referral

- 1 Referral made to RachaelChamberlain@cygnethealth.co.uk / 07872401048 or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnnet Afon Las
Carrog, Corwen, Denbighshire
LL21 9BG



CYG-2138 | Date of Preparation: 19/10/26

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Integrity

Trust

Empower

Respect

Care