



Press Release

Immediate Release

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Middlesbrough hospital wins national recognition

A Middlesbrough hospital has scooped a national award in recognition of the difference it is making to the lives of those hospitalised with a brain injury.

Organised by Cygnet Health Care, one of the UK's largest independent providers of specialised mental health services, the Special Recognition award celebrates a hospital that has set the standard for what outstanding, person-centred care truly looks like, not just in its outcomes, but in the culture that makes those outcomes possible.

Cygnet Newham House, on Hemlington Village Road, received the accolade in recognition of its exceptional commitment to improving the lives of women in its care.

Hospital manager Joanna Yarker said: "Cygnet Newham House is honoured to receive the Cygnet Group Clinical Director Special Recognition Award, recognising the neurorehabilitation service we provide for females.

"This recognition reflects the passion, resilience and commitment of an exceptional multidisciplinary team whose dedication to clinical excellence, innovation and person-centred care continues to improve outcomes and transform lives.

"Following our exceptional CQC rating for 'Well-Led' and the 'Outstanding' recognition from Headway, we are proud and honoured to receive this award from Cygnet.

"This award is a testament to the hard work, professionalism and unwavering commitment of the entire team, whose passion for delivering high-quality care continues to transform lives every day."

The team were presented with the award by Cygnet Health Care Medical Director Salim Matta who said: "What sets this hospital apart is not simply the quality of its clinical pathway, but the depth of compassion and individuality behind every care plan. Their daily work reflects a hospital that never loses sight of the person behind the diagnosis.

"This year alone, Newham House has been rated Outstanding in Well-Led by the CQC and Good overall, and achieved an overall Outstanding rating from national

brain injury charity Headway – with top marks across Culture, Workforce Development, Service Development, as well as Governance, Leadership, Management and Quality. They have also secured Carers Trust Triangle of Care accreditation, cementing their commitment to families as genuine partners in care, not passers-by.

“The hospital's excellence has been recognised well beyond its own walls. Newham House was named in the first-ever QN-Neuro report for the quality of its facilities, and heads into this year's Neurological and Complex Care Awards with four separate finalist nominations, a breadth of recognition that speaks to strength across every level of the team, not just at the top.

“None of this happens by accident. It is built on a culture where staff feel genuinely valued, visible in small but telling details, like a ‘moment of thanks’ board where colleagues recognise one another's kindness and teamwork day to day. The team has shown that rigorous clinical governance and heartfelt, human care are not competing priorities, but two sides of the same commitment.”

Cygnets Newham House is a 20-bed neuropsychiatric care and treatment facility providing rehabilitation for women affected by acquired brain injuries (ABI).