



Press Release

Immediate Release

22 September 2026

### **Darlington doctor wins national award for excellence in medical education**

A Darlington doctor has been recognised with a national award for his outstanding contribution to medical education in the field of mental health.

Dr Khalil Memon, Consultant Psychiatrist, Cygnet St William's, has been named Medical Educator of the Year at the Cygnet Health Care Annual Psychiatrists Conference and National Awards 2026.

The accolade celebrates Dr Memon's dedication to training and supporting doctors working in mental health.

Dr Memon said: *"I'm truly honoured to receive the Educator of the Year Award. Teaching and mentoring are a deeply rewarding part of my work, and I strongly believe that developing colleagues and sharing knowledge ultimately improves the quality of care we provide."*

*"I'm very grateful to Cygnet Health Care for this recognition and for the continued support of education and professional development. I also want to thank the colleagues and teams I've worked with, who have contributed greatly to my own learning as well."*

*"It's a very proud and meaningful moment for me."*

Dr Memon was presented with his award by Professor Nandini Chakraborty, Dean of Royal College of Psychiatrists, with Dr Gbolagade Akintomide, Cygnet Divisional Medical Director, North.

Professor Nandini Chakraborty said: "Dr Memon is an inspirational educator and clinical leader whose teaching and mentorship have a significant impact across Cygnet and beyond. He delivers national webinars, develops acclaimed brain injury training and leads Neuropsychiatry MDT Grand Rounds across six sites.

"He regularly presents research at national conferences and supports research, audits and junior doctors' career development. He is helping shape future clinical practice."

"Through appraisals, professional leadership and active Royal College involvement, he champions excellence, develops future medical leaders and enhances Cygnet's national reputation."

Cygnet St William's, on Cornwall Avenue, is a 12 bed Neuropsychiatric service offering care and treatment to those affected by acquired brain injuries.