



Press Release

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For Immediate Release

Cygnets Fountains Recognised for High-Quality Rehabilitation Care

A Blackburn mental health service has received national recognition for the quality of care and support it provides to men with mental health needs.

Cygnets Fountains, a Cygnets Health Care service on Pleasington Close, has been accredited by the Royal College of Psychiatrists' Quality Network for Mental Health Rehabilitation Services following a comprehensive review.

The hospital is a 34-bed high-support inpatient rehabilitation service for men who are struggling with their mental health.

The Quality Network works with inpatient and community rehabilitation services to assess and improve the quality of care they provide. Its accreditation process involves staff, service users and carers in self-review and peer review, helping services to celebrate areas of good practice while identifying opportunities for further development.

As part of the process, services are assessed against nationally recognised standards covering areas including care planning, staffing, the patient environment, workforce training and support, admission and assessment, treatment and recovery, safeguarding, and links with the wider community.

The programme also enables mental health rehabilitation services across the country to exchange knowledge and ideas, creating a supportive environment that encourages learning and positive change.

Serena Birtwistle, Hospital Manager at Cygnets Fountains, said: "We are incredibly proud to have achieved this accreditation from the Royal College of Psychiatrists. It is an important recognition of the high-quality care we deliver at the service.

"Our focus is always on helping the men in our care to make meaningful progress in their recovery, build confidence and develop the skills they need to live more independently. This achievement belongs to our service users as much as our staff, and I would like to thank everyone who contributed so openly and positively to the review.

"While we are delighted that the quality of our service has been recognised, the accreditation process has also given us valuable opportunities to learn and develop.

We will use that feedback to continue strengthening the care and support we provide."

Consultant General and Rehabilitation Psychiatrist, Dr Gourinath Tokachichu, added: "Great achievements are built on preparation, resilience, and the courage to push past comfort. This prestigious recognition reflects our unwavering dedication, clinical excellence, hard work, commitment to putting our patients first, and exceptional professionalism in navigating the rigorous review process.

"It is time to celebrate this incredible milestone, stay focused, and continue improving the quality of care we provide."