



Upcoming Family, Friends and Carer Events 2026



Cygnets Hospitals
Godden Green and Maidstone

Wednesday

11 January @18:00

Speaker:

*Kerry White— Lead Psychologist,
Godden Green*

Compassion fatigue

Wednesday

11 March @18:00

Speaker:

*Carly Ellicot—Principle Investi-
gator University Plymouth*

**Supporting
Young Carers**

Wednesday

13 May @18:00

Speaker:

Speaker tbc

**Patient and Carer
Race Equality Frame-
work (PCREF)**

Wednesday

8 July @18:00

Speaker:

*Rachel Cullen. Autism Pathway
Manager*

**“Supporting patients
with Autism”**

Wednesday

9 September @18:00

Speaker:

*Ales Kerr-Thompson
Psychotherapist, Maidstone*

**Dialectical Behavior
Therapy (DBT)**

Wednesday

18 November @18:00

Speaker:

*Kater Mercer
Black Belt Advocay*

**Carer's Advocacy
Service**

Join Zoom Meeting:

[https://cygnethealth-co-uk.zoom.us/j/99953325841?
pwd=V1ubL9dou5q3Joxjaam5g4VoHsan4Y.1](https://cygnethealth-co-uk.zoom.us/j/99953325841?pwd=V1ubL9dou5q3Joxjaam5g4VoHsan4Y.1)

Meeting ID: 999 5332 5841

Passcode: 777936

