

Improving lives together

Specialist high dependency complex care service for men with learning disabilities

Good



Accepting referrals

At Cygnets Sherwood Lodge, we support up to 26 men with learning disabilities and associated complex needs who may also have behaviours that challenge.

When individuals come to Cygnets Sherwood Lodge they can often be mentally and emotionally unstable due to varying reasons. We believe that by creating a calm and inviting environment we can enhance a person's progress and self-esteem to help them on their care pathway towards a less restrictive setting.

Our multi-disciplinary team:

- > Hospital manager
- > Head of care
- > Lead psychologist
- > Forensic psychologist
- > Assistant psychologist
- > Occupational therapists
- > Speech and language therapist
- > Consultant psychiatrist
- > Specialty doctor
- > Nurses (RNLD & RMN)



Male



18+ years



26 beds

Our service user profile:

- > Primary diagnosis of learning disability and mental health complex needs
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Personality disorder, schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and/or multiple diagnoses
- > May be detained under the Mental Health Act
- > May have a history of repeated hospital admissions
- > May have a forensic history

Our service at a glance

Cygnets Sherwood Lodge is located in the heart of the community just a short distance from an extensive array of local amenities including leisure centres, social clubs, shops and restaurants.

We want the men in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house Multi-Disciplinary Team (MDT) supports them with our learning disability model of care. This offers support from the nursing team, psychology, psychiatry, speech and language and occupational therapy.

Our psychology approach aims to replace maladaptive behaviours with positive social interaction. As part of our preparation for core and advanced daily living skills, our occupational therapy led programmes facilitate education, vocational skills and social integration.

Our speech and language therapy approaches include PECS communication systems to facilitate learning and general communication skills.

Within the service there are a number of good sized living areas, including lounges, dining areas and activities of daily living (ADL) kitchen, where individuals can develop their skills, as well plenty of outdoor space to enjoy.

The hospital also has four two-bedded residential units, Adele Cottage and 4, 5, 7 The Sycamores, allowing for further community integration and focus on daily living skills.



★ ★ ★ ★ ★
Rated **'GOOD'**
by the CQC

Education and music tutors
attend the service weekly



**Encouraging
each
individual's
passions
and talents**



**Weekly
Reflective
Practice
sessions**



On-site multi-disciplinary team
consisting of nurses, occupational
therapy, speech and language therapy,
psychologists and doctors



**On-site
forestry school**

– individuals
learn about
bushcraft,
survival skills,
how to make
campfires and
bird feeders
and more



Allotment where
individuals spend the
day learning how to
grow their
own crops



93%

of individuals who
were discharged
in 2025 were able
to **step down**
along their care
pathway towards
the community



**Introduction of
safewards**



**Links with local welfare for 'Dove
Dance'; social evenings and other
leisure activities**



**Sherwood Lodge have
been so supportive and
continuously kept me updated.**

External Health Professional



**Sherwood Lodge are providing him
with the best care he's had in 20 years.**

External Health Professional

Our community links:

- > Sutton Centre Community College and West Nottinghamshire College
- > Local shops and supermarkets
- > Voluntary work
- > Dove Dance: a popular local disco
- > Stable management and horse riding (Bolsover)
- > Bike riding, walks and picnics at Sherwood Pines
- > Vocational links: PAVES, grass roots, Willow Tree Farm, Bumbles Café
- > Craft/woodwork sessions
- > Local church
- > Allotment
- > Leisure Centres

Our facilities:

- > En-suite bedrooms
- > Garden with outside seating, facilities to grow fruit and vegetables, forestry school and sensory garden
- > Lounges and dining room
- > Therapy kitchen and laundry service to support skills development
- > Art and craft room
- > Computer room
- > Multi-faith room
- > Gym
- > Games room
- > Family room



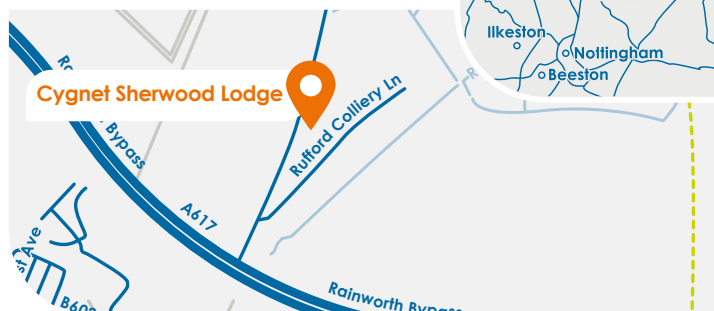
Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnat Sherwood Lodge
Rufford Colliery Lane, Mansfield
Nottinghamshire, East Midlands
NG21 0HR

Phone number
01623 499980



CYG-995 | Date of Preparation: 04/08/2026

Please visit cygnatgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care