

Improving lives together

High-Support Inpatient Rehabilitation Service for Women



Female



18+ years



24 beds

Cygnnet Delfryn Lodge provides a flexible mental health rehabilitation service for women, including High-Support Inpatient Rehabilitation (Level 2) and Community / Open Rehabilitation (Level 1). This dual-level rehabilitation model ensures that women receive the support they need while developing independence at their own pace.

Women placed with us often come from multiple placement breakdowns, failed treatment programmes or are stepping down from secure settings. We support individuals to build structure and purpose in their daily lives, focusing on meaningful activities such as volunteering, employment, education, and community engagement.

Our service user profile:

- > Women aged 18+
- > Detained under the Mental Health Act (1983) or informally
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses include: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Located in Flintshire, Cygnnet Delfryn Lodge benefits from easy access to beautiful countryside and green spaces, whilst also being within easy reach of a lovely community featuring leisure centres, shops, restaurants and cafés. We also have strong links with local services that can offer educational and vocational opportunities, to build supportive networks and personal confidence.



Our highly experienced teams include both Welsh and English speaking staff to support enhanced comfort, trust and communication. Working collaboratively, our teams assess individual needs and create bespoke discharge pathways that support a successful transition towards the community.

On-site step-down service
– Rhyl Alyn

80%



of women we support are
able to move to a similar
or less restrictive service*

On average, we
support women for
11 months*



Strong
community
links for
educational
and vocational
opportunities



Regular events for
family and carers



Onsite social hub,
coproduced
with the women
we support



*based on discharges between 01.06.25 – 30.06.26

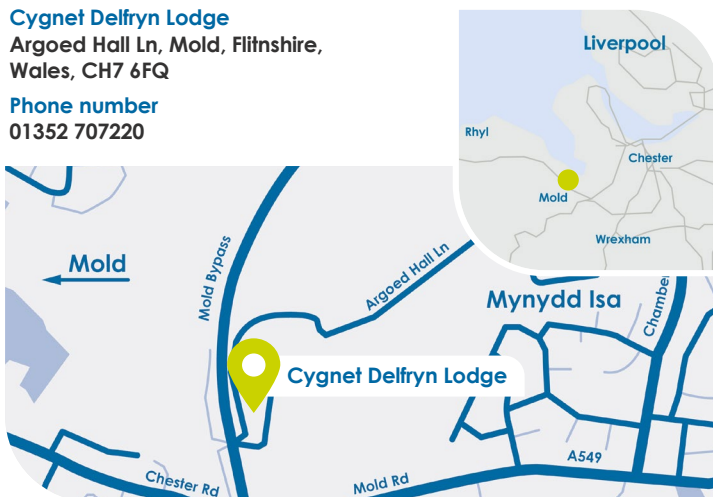


Make a referral

- 1 Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Delfryn Lodge
Argoed Hall Ln, Mold, Flintshire,
Wales, CH7 6FQ
Phone number
01352 707220



CYG-2082 | Date of Preparation: 31/07/26

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Integrity

Trust

Empower

Respect

Care