



Press Release

Immediate Release

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Sunshine, Sports and Success at Cygnet St William's

A care service in Darlington united to celebrate team spirit with a day packed full of fun, recognition and support.

Located on Cornwall Avenue, [Cygnet St William's](#) is a 12-bed neuropsychiatric service for men with acquired brain injuries.

Staff and individuals supported at the Cygnet Health Care service took to the sunshine for their sports day event, organised by dedicated Hospital Manager Chelsea Phelan.

Staff took part in a series of sporty activities like the egg and spoon race and a sack race. The three-legged race proved a favourite with the service users, with individuals cheering and laughing in equal measure.

A barbecue kept attendees fuelled for the day of sports, while a visit from an ice cream van added a sweet touch of nostalgia.

Georgia Nelson, Regional Lead Occupational Therapist for Cygnet Health Care, shared the success of the sporting fun.

"It was an unforgettable day packed with laughter, fun and heartfelt appreciation. The atmosphere was electric and the games really brought out everyone's competitive and playful side."

The celebrations didn't stop there and everyone gathered for the Cygnet St William's Staff Awards, which shone a spotlight on team members that go above and beyond.

With categories such as the Smile Maker Award, the Cheerleader Award and the Professional Night Owl Award, staff and service users alike celebrated a series of outstanding achievements.

"Each honour recognised the unique contributions that make our team so exceptional. It was a day full of appreciation and joy," explained Georgia.

"It was a chance for everyone to step away from their daily responsibilities and simply celebrate each other. Events like this remind us that behind every achievement is a team of passionate, hardworking people who genuinely care."