



Press Release

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For Immediate Release

Southampton Care Worker Wins National Award

A Southampton care worker described as having a “heart of gold” has won a national award for the work she does to support adults with learning disabilities and autism.

Maydue Mundia is a Senior Support Worker, Oakhurst Lodge, an eight-bed service which is part of Cygnet Social Care, on Lyndhurst Road.

She scooped one of the top prizes at the Cygnet Group achievement awards, a day of celebration for caring, dedicated and hard-working colleagues across the health and social care sector.

She won the Hand on Heart Award which recognises an outstanding commitment to your work and a person who demonstrates integrity in everything they do.

The awards, now in their fourth year, were held at Edgbaston Cricket Ground in Birmingham, on Thursday 25 June. They were hosted by TV presenter Alexander Armstrong.

Maydue was nominated by 12 of her colleagues, who said: “Maydue is an exceptional leader, respectful and open minded.

“For the comfort and safety of our residents, she always goes the extra mile in supporting colleagues. She has a heart of gold.

“She makes everyone comfortable and always acts with kindness, compassion and understanding. She always prioritises everyone's comfort, making sure that our residents get the best self-centred care.

“I applaud her inspirational guidance, strong leadership and the ability to bring out the best in others. Her leadership elevates our team and if one day I find myself in the senior position, I will definitely follow in her footsteps.

“She prioritises our residents and doing things the correct way and also makes sure that we feel seen and heard at work.”

Upon receiving the award, Maydue said: “Receiving the Integrity Hand on Heart Award was incredibly humbling. It means a lot to be recognised for leading with integrity every day because integrity is at the heart of why we do this work .

"Professionally, it's a reminder that honesty and respect build trust with the people we support and within my team. I'm really grateful to my Oakhurst Lodge colleagues, I learn a lot from them every day and we achieve so much together. What I enjoy most is supporting people to feel safe, valued, and heard. I also enjoy mentoring the team and seeing positive outcomes for the people we support and the impact we have every day."

Professor Tony Romero, Group CEO, said: "The awards are about recognising and honouring the dedication, compassion and sheer hard work shown by staff who, no matter their role, play a vital part in the provision of patient and resident care.

"There is so much for us to be proud of as an organisation, and the winners and shortlisted candidates are representatives of the thousands of colleagues across the country who have made a difference in the lives of others.

"The day was about recognising them, celebrating the difference they make and inspiring one another to keep delivering the very best for those in our care.

"Staff like Maydue consistently go above and beyond for the individuals in our care. They demonstrate passion for their work, commitment to excellence, and an unwavering dedication to our service users."

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Notes to Editors:

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About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk