



Press Release

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For Immediate Release

Nottingham Nurse Wins National Award for “Bringing Joy” to the Workplace

A nurse from Nottingham who supports adults struggling with their mental health has scooped a top award for the work he does to bring joy to others.

Jerome Omesa is a Clinical Team Leader at Cygnet Hospital Clifton, a 25-bed hospital for men struggling with their mental health.

He scooped one of the top prizes at the Cygnet Group achievement awards, a day of celebration for caring, dedicated and hard-working colleagues across the health and social care sector.

He won the Care (Joy in Work) award which recognises an outstanding commitment to make a care service a great place to work by improving staff health and wellbeing, building team spirit and bringing some fun into the work place.

The awards, now in their fourth year, were held at Edgbaston Cricket Ground in Birmingham, on Thursday 25 June. They were hosted by TV presenter Alexander Armstrong.

The nomination script for Jerome, who received 29 nominations, read: “His presence always boosts morale and he is a unifying force on the ward. He is approachable and motivates staff to bring the best in them.

“Jerome nurtures a strong team spirit amongst his colleagues. He has an unwavering dedication to team morale and staff wellbeing. He does not just do his job; he actively creates a culture where everyone feels they belong

“During difficult periods on the ward, he remains a pillar of strength and support. While others were feeling the strain, he checks in on every colleague, ensuring no one felt overwhelmed or alone.

“Jerome has shown a remarkable ability to bring people together and create genuine moments of joy in the workplace. His enthusiasm has played a key role in fostering a sense of pride and belonging within the team.

“Through his resilience, positivity, compassion and unwavering dedication to support his team, he has made a lasting difference to his ward. He is a true champion of joy in work.

"In a world that is often fast-paced and task-driven, Jerome reminds us all of the power of presence, the importance of slowing down to connect, to care and to lead with empathy. He is not just a compassionate nurse, but a compassionate leader whose impact ripples far beyond."

Upon receiving the award, Jerome said: "Winning this award is incredibly meaningful to me, and I feel both proud and very grateful to be recognised in this way.

"It was a genuinely uplifting moment to receive the award, and it's something I will remember and value for a long time.

"This recognition means a great deal to me both personally and professionally. It reinforces the importance of the work we do and motivates me to continue striving to provide the best possible care and support.

"I would like to acknowledge my colleagues and team, as this achievement is very much a reflection of their ongoing support, collaboration, and dedication. Being part of such a committed and compassionate team at Cygnet makes a real difference."

Professor Tony Romero, Group CEO, said: "The awards are about recognising and honouring the dedication, compassion and sheer hard work shown by staff who, no matter their role, play a vital part in the provision of patient and resident care.

"There is so much for us to be proud of as an organisation, and the winners and shortlisted candidates are representatives of the thousands of colleagues across the country who have made a difference in the lives of others.

"The day was about recognising them, celebrating the difference they make and inspiring one another to keep delivering the very best for those in our care.

"Staff like Jerome consistently go above and beyond for the individuals in our care. They demonstrate passion for their work, commitment to excellence, and an unwavering dedication to our service users."

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Notes to Editors:

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About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnets Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnets Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnets' facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk