



## **Press Release**

**30 June 2026**

### **For Immediate Release**

#### **Cygnet Hospital Sherwood celebrates milestone of supporting more than 500 men**

Cygnet Hospital Sherwood is celebrating a major milestone after supporting more than 500 men through some of the most challenging periods of their lives since opening its doors.

The purpose-built mental health hospital, located on Rufford Colliery Lane near Mansfield, has reached the landmark in just two and a half years, highlighting the growing need for specialist mental health services across Nottinghamshire and the wider East Midlands.

Cygnet Hospital Sherwood was developed as a state-of-the-art 44-bed hospital to provide rapid access to specialist mental health care for men. The service has grown to include three wards - Fern Ward, a 12-bed Psychiatric Intensive Care Unit (PICU), alongside two 16-bed acute wards, Bramble Ward and Treetops Ward, supporting men experiencing severe mental health difficulties and helping them stabilise and move forward in their recovery journeys.

The development also created more than 100 jobs for the local area and represented a significant investment in the Mansfield community.

Claire Griffiths, Hospital Director at Cygnet Hospital Sherwood, said: "I am beyond proud to be the Hospital Director. In just two and a half years since opening, we have grown to three wards and cared for more than 500 patients.

"When we first opened, our ambition was to create a safe, supportive environment where people could receive high-quality care and take positive steps forward in their recovery. Reaching this milestone is a reflection of the dedication, compassion and hard work of our entire team.

"I am truly grateful to our dedicated colleagues and everyone who has been part of this journey."

Feedback from service users and families has highlighted the impact staff have had on those receiving care.

One service user said: "The staff on Treetops are really good, they go out of their way to be proactive with patients."

Another service user added: "Cygnet Hospital has rewarded me with insight into my mental health and is the best hospital I've been in."

The parent of a former patient shared: "The staff on Fern Ward cared for our son during a tremendously challenging and difficult time. They showed him the utmost care and compassion. We are happy to say he has continued to make progress after leaving the ward."

Another family member said: "I will forever cherish your kindness, compassion and unwavering dedication in restoring my son to me. Words cannot adequately convey the depth of my gratitude."

As Cygnet Hospital Sherwood marks its first 500 patients, the team says the milestone is not simply a number, but represents hundreds of individuals supported at times when they needed help most.

Claire added: "Every person who comes through our doors has their own story, and it is a privilege to be able to support them and their families at some of life's most difficult moments.

"We look forward to continuing to make a difference for many more people in the years ahead."

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**Notes to Editors:**

For more information, please contact Gemma Attew, External Communications Manager, on [gemmaattew@cygnethealth.co.uk](mailto:gemmaattew@cygnethealth.co.uk) or 07718 244811.

**About Cygnet Group**

Cygnet Group is a leading provider of health and social care services for young people and adults with mental health needs, acquired brain injuries, eating disorders, autism and learning disabilities within the UK.

[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)