



Press Release

Immediate Release

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Cygnet Delfryn Lodge Saddles Up for Collaborative Celebration

A mental health service in Mold recently brought the Wild West to Wales as it hosted a collaborative day of fun.

Wild West Fest, hosted at [Cygnet Delfryn Lodge](#), was a cheerful celebration created by staff and service users who spent weeks planning the event.

Located on Argoed Hall Lane, Cygnet Delfryn Lodge is a mental health rehabilitation service for women, offering high-support inpatient rehabilitation (level 2) and community rehabilitation (level 1).

The Cygnet Health Care staff and service users donned their cowboy-themed costumes in the garden, which was decorated as a Western saloon, before taking to the dancefloor to enjoy the hoedown disco.

Pet therapy dog Hari also made a guest appearance, keeping on theme in a cowboy hat and neckerchief.

Joe Morgan, Activity Coordinator at Cygnet Delfryn Lodge, shared the success of the rodeo fun day.

He said: "Everyone got involved in Wild West Fest and had a great time. It was a fantastic day and the sun really topped it off. A big thank you to everyone who helped organise it. Our service users were a huge help and got involved with the planning, organising and bringing their ideas to life."

As well as playing a vital role in organising Wild West Fest, the service users also decorated the garden with props they had created during arts and crafts sessions.

A variety of games like 'Pin the Tail on the Donkey' and a tin-shooting game added to the fun spirit of the day. Attendees were kept hydrated by the Saloon Bar, with a service user serving up Wild West mocktails, while cowboy goodie bags were available for all to enjoy.

The party ended on a sweet note with a visit from a local doughnut van.

"This was such a fun experience for our service users. It was about everyone pulling together as a team to make something special," explained Joe.

“They were able to build relationships, learn new skills and support each other along the way whilst creating happy memories. Wild West Fest is a brilliant reminder that working together can be just as rewarding as the event itself.”