

Improving lives together

Highly Specialised Personality Disorder Service for Women

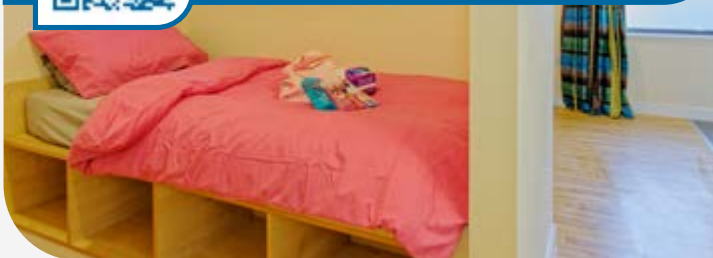


Acer Lower is Cygnnet Acer Clinic's 14 bed highly specialised service providing assessment, treatment and rehabilitation for women with personality disorder and complex needs.

Rehabilitation is provided in a therapeutic setting, with a level of security matched to individual needs. The aim of the treatment, rehabilitation and re-socialisation programme is to prepare the individuals in our care either for transfer to an environment of lesser security, or for a life in the community.



Scan the QR code or [click here](#) to watch a short video on Cygnnet Acer Clinic



Female



18+ years



14 beds

Our service user profile:

- > Female, aged 18+ years
- > Diagnosis of personality disorder with complex mental health needs
- > Subject to a section of the Mental Health Act
- > May have a history of substance misuse or dependency
- > May have experienced regular placement breakdowns
- > Sustained relational and social functioning problems
- > Forensic or non-forensic history
- > Capacity to engage
- > Referrals accepted from Tiers 1-4

Our dedicated clinical teams provide a multi-disciplinary approach to rehabilitation. This includes an occupational therapist, consultant psychiatrist, hospital manager, clinical manager, psychologist, assistant psychologist, occupational therapist, responsible clinician, ward manager, OT support and team leaders.

As part of our therapy programme we offer an integrated approach, utilising and combining models such as Cognitive Behavioural Therapy, Dialectical Behavioural Therapy and Schema-informed therapy.

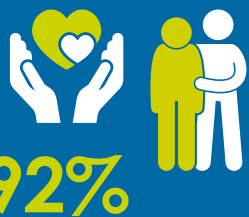
We promote physical health, wellbeing and meaningful occupation as part of our treatment programme, using strong community links to facilitate individualised wellbeing plans.



Model of Care for our Personality Disorder Services



Regular themed parties, fundraisers and celebrations



92%

of those discharged in 2025 were able to step down along their care pathway

"I would like to thank everyone for the amazing work they have been doing, i have had my ups and down but Acer clinic have always been by my side no matter what happens. I am starting to enjoy the work that is been given to me and I am starting to focus on the positives for my future."
- Service user

Therapies and assessments offered include:

- START assessments
- Pre-engagement group
- Personality Disorder psychoeducation
- Mindfulness
- Systems Training for Emotional Predictability and Problem Solving (STEPPS)
- Wellness Recovery Action Plan (WRAP) and 'My Safety Plan'

Read Megan's Journey at Acer Lower



Strong community links



"I never imagined I would get to this place in my life where I actually want to live not just exist." - Service user



"From the bottom of my heart I want to thank you all. From day 1 of my journey to now you have all believed in me 100% and now I believe in myself too which is a huge change. I have learnt so many skills along the way from you all that I will take with me."
- Former service user



"With the help of Team Acer I've finally got my life back and am soon going to reach my final destination - a bungalow to call my own." - service user

Make a referral

- 1 Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Acer Clinic
Workshop Rd, Mastin Moor,
Chesterfield, Derbyshire S43 3DN
Phone number
01246 386 090



CYG-763 | Date of Preparation: 26/06/26

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care