Model of Care

For Personality Disorder Services

Improving lives together

Cygnet

Stabilisation

- Mindfulness, skills training
- Occupational goal setting

Treatment

- Individualised therapy to improve quality of life
- Monitor effectiveness of treatment

Admission and Assessment

- Establish therapeutic relationship
- Engaging family and carers

Preadmission

Transition and Discharge

- Engaging family/carers to support with discharge planning
- Skills generalisation to the community

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