

Improving lives together

Mental Health Acute Service for Women

Good



Female



18+ years



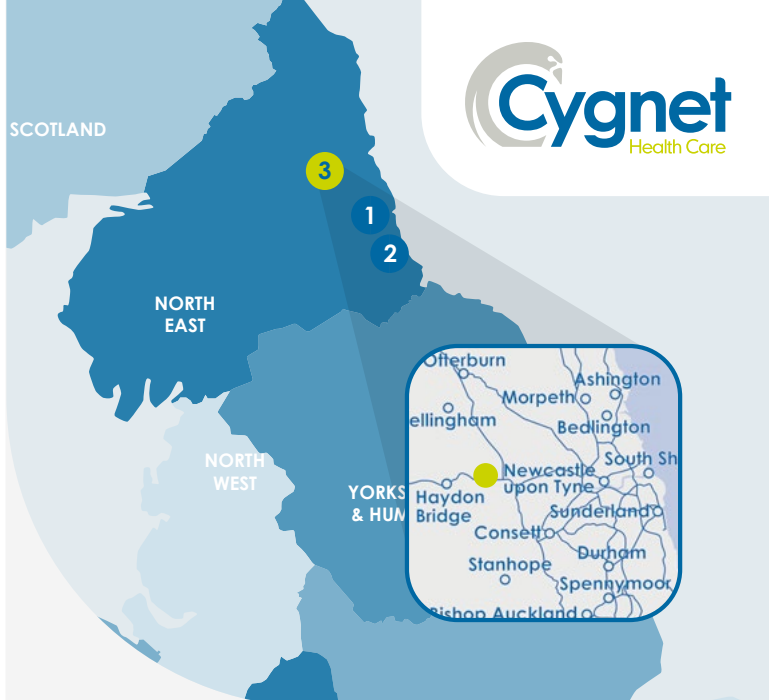
17 beds

Fisher Ward at Cygnet Hospital Hexham is our mental health acute service for women in the North East.

The ward provides assessment and treatment for women experiencing a mental health crisis who require an emergency admission.

Our care model utilises the 'Comprehend, Cope, and Connect' Cognitive Behavioural Therapy (CBT) framework. This transdiagnostic approach links past adversity to current symptoms (**Comprehend**) while employing mindfulness and compassion-focused strategies to facilitate change (**Cope and Connect**).

Positive outcomes, care with dignity, and a compassionate approach are at the heart of everything we do.



Cygnet
Health Care

Our Network in the North East

1

2

3

Speak to your Business Relationship Manager for more information about our PICU/Acute network

Why Choose Cygnet Hospital Hexham?

- > Accredited with the **Triangle of Care**
- > **Experienced** in supporting women with a **secondary diagnosis of Autism**
- > **Comprehensive MDT** including both **RGNs and RMNs**
- > Regular **creative and holistic therapies**, including animal therapy

For all PICU / Acute referrals, contact the Cygnet bed Hub on 0808 164 4450 / chcl.referrals@nhs.net

At Fisher Ward, we support women aged over 18 who:

- > Are detained under the Mental Health Act or informal
- > May have diagnoses including mental illness, personality disorder, psychosis, bi-polar disorder and / or schizophrenia
- > May have complex needs including self-harm or substance misuse

“Care and treatment provided to patients was of a high standard, the staff were very committed and caring and showed compassion and empathy.”

– External Health Professional

“Amazing staff. Fantastic. 100% would recommend to others.”

– Parent



Proud to be a certified Triangle of Care member.



For All PICU and Acute Referrals (Adults and CAMHS)

 **0808 164 4450**

 **chcl.referrals@nhs.net**



1

Referral made to Cygnet bed hub via **0808 164 4450 / chcl.referrals@nhs.net**

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

CYG-2033 | Date of Preparation: 21/04/26

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Integrity

Trust

Empower

Respect

Care