



Press Release

Immediate Release

18 June 2026

Kent Mental Health Hospital Celebrates Diversity During Pride Month

Staff and individuals supported at a mental health hospital in Maidstone showed a rainbow of support as they enjoyed a Pride-themed fun day.

Located on Gidds Pond Way, Cygnet Hospital Maidstone is a 64-bed mental health hospital for adults.

The Cygnet Health Care service hosted a range of fun and vibrant activities dedicated to Pride, which is celebrated throughout June.

Focused on encouraging connection and inclusion, Cygnet Hospital Maidstone's Pride party was a high-energy event, featuring lively karaoke and a creative temporary tattoo station.

A rainbow spread of food was also available for all to enjoy, including fruit platters, colourful pizzas and fresh pasta salads.

Mariana Torres, Recovery College Lead at the Cygnet Health Care service, said: "At Cygnet Hospital Maidstone, we celebrated Pride to honour the LGBTQ+ community's history and to increase visibility and awareness. Rain or shine, wind or calm, celebrating who we are is always worth it.

"This celebration helps create an inclusive environment where both service users and staff feel supported, valued, and safe to be their authentic selves without fear of judgement or discrimination, which is vital for positive mental wellbeing."