



Press Release

Immediate Release

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### **Derbyshire Mental Health Hospital Celebrates Diversity During Pride Month**

Staff and individuals supported at a mental health hospital in Derbyshire sparkled with support as they enjoyed a Pride-themed fun day.

Located in Shipley, Cygnet Elowen Hospital is a 24-bed highly specialised service for adults with eating disorders.

The Cygnet Health Care service hosted a range of fun activities dedicated to Pride, which is celebrated throughout June.

Sameera Harrison, Ward Manager at Cygnet Elowen Hospital, highlighted the importance of the Pride celebrations.

She said: "We want our service users to feel valued, included, respected and empowered to express who they are and how they feel in a safe and supportive environment. Pride Month is a chance for us to celebrate diversity, individuality and love in all its forms."

Service users kicked off celebrations by going head-to-head in a glitter art competition, with staff acting as the canvases for their creative designs. Other activities included a cookie decorating competition and a Pride-themed quiz with a handful of beauty prizes up for grabs.

"These activities provided an opportunity for creativity, self-expression, and connection, while promoting a culture of acceptance and belonging," explained Sameera.

"It was inspiring to see such enthusiastic participation across our Cygnet Health Care service, with everyone coming together to demonstrate a shared commitment to equality, diversity and inclusion."