



Press Release  
Immediate Release  
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### **Cygnet Hospital Godden Green Maintains Triangle of Care Accreditation**

A mental health hospital in Kent has retained an accreditation for the work it does to involve families in the care of their loved ones.

Cygnet Hospital Godden Green, a 33-bed acute and PICU service for women with mental health needs, has maintained the Triangle of Care Star 1 accreditation from Carers Trust.

The Cygnet Health Care service earned its initial Star 1 accreditation in June 2025 and has now retained this recognition, which highlights the hospital's ongoing efforts and commitment to involving and supporting the families and carers of individuals at the service.

Carers Trust reviewed an in-depth self-assessment, before noting that Cygnet Hospital Godden Green "has made further commendable progress in a number of areas" and highlighting that the Carer Leads "proactively go above and beyond".

The assessment team said: "There is strong evidence of compassionate engagement with carers and a strong focus on advocacy and developing culturally responsive support."

Carers Trust then highlighted multiple areas of good practice, including:

- **Carer Identification:** Carers are contacted at an early stage with details on where to access information and support with 100% of carers receiving a Welcome Pack upon admission.
- **Carer Engagement:** There are two dedicated Carer Leads who have a clear "commitment to ensuring equity for all carers" and send out a newsletter for carers filled with key events and activities. Carers Trust praised this for helping carers "feel in touch especially when they are at a distance."
- **Carer Involvement:** Carers are given comprehensive information to support their involvement and are encouraged to give feedback.
- **Ongoing Support:** Carers are given a range of support options and there are strong relationships with carer advocacy services, such as Black Belt Advocacy.

Beata Bikowska, Carer Lead at the Cygnet Health Care service, said: "We are incredibly proud to announce that Cygnet Hospital Godden Green has successfully maintained our Triangle of Care Star 1 accreditation.

“This achievement recognises our ongoing commitment to ensuring that unpaid carers, families, and friends are included and supported as equal partners in care. We believe that collaborative care leads to better patient outcomes and a stronger community.

“A huge thank you to our dedicated team and the wonderful carers who work alongside us every day. We look forward to building on this milestone as we continue to improve our services.”

Triangle of Care is a quality improvement scheme for health and social care providers that promotes safety, recovery and wellbeing by including and supporting unpaid carers. Originally developed by carers, the scheme is run by Carers Trust and recognises healthcare providers that have committed to continuous improvement according to six key ‘carers included’ standards.

Over 80 mental health providers, including NHS Trusts, charities and private hospitals serving NHS patients, are Triangle of Care members and Carers Trust is gradually opening the scheme to new health and social care sectors. The Triangle of Care is recognised by Care Quality Commission inspectors and supports the NICE recommendations for ‘Supporting Adult Carers’. To find out more, visit the [Triangle of Care website](#).