



Press Release

Immediate Release

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### **Cygnet Delfryn Lodge Celebrates Pride Month**

A mental health service in Mold hosted a Pride party to celebrate equality and inclusion.

Located on Argoed Hall Lane, Cygnet Delfryn Lodge is a mental health rehabilitation service for women, offering high-support inpatient rehabilitation (level 2) and community rehabilitation (level 1).

The Cygnet Health Care staff and service users enjoyed a day of fun and games, dedicated to Pride, which is celebrated throughout June.

Pride flags, bunting and balloons created a bright backdrop while a table of colourful sweet treats and BBQ food kept everyone fuelled for the celebrations.

Lisa Kettle, Activity Coordinator at Cygnet Delfryn Lodge, said: "Our Pride celebration meant so much to us. The whole day was fantastic, and everyone got involved.

"It's important that we actively promote inclusion, equality, and self-expression amongst our service users, staff and the community. Events like this help everyone feel valued, respected, and connected and remind everyone that they belong exactly as they are. Thank you to everyone for taking part and making a difference."

Everyone tried their hand at a variety of games, including hook-a-duck, before taking to the dance floor for some music and karaoke. The Cygnet Health Care staff rounded off the celebrations with a surprise group dance to YMCA, much to the delight of the service users.

One individual supported at Cygnet Delfryn Lodge said: "It was such a good day, it was nice for everyone to come together to celebrate Pride."