

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men with Complex Enduring Mental Health Needs

Good

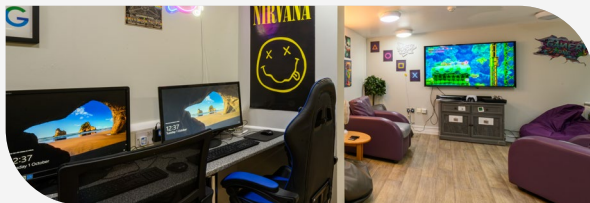
NEW Accepting Referrals



Kingfisher Lodge is a high support inpatient rehabilitation (Level 2) service for men. The emphasis within the service is on preparing individuals for discharge or to support with longer term optimal functioning. The service will be open to admissions in July 2026.

Kingfisher Lodge will support men in a relaxed, calm and homely environment. The focus is on helping them to increase their independence through work and education, as well as social and leisure activities, offering a slower stream rehabilitation service where needed.

Our in-house multi-disciplinary team include psychiatry, psychology, occupational therapy, nursing, support workers, and sessional therapists.



Male



18+ years



16 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > Aiming for a return to a less restrictive environment
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a secondary diagnosis of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and / or be stepping down from secure settings
- > May have a history of repeated acute admissions

Substance Misuse Programme

Achieving and Maintaining Abstinence from Illicit Substances

At Kingfisher Lodge, we have a dedicated Substance Misuse Practitioner who enables the men in our care to identify and engage with the right support for them.

The substance misuse practitioner works closely with other disciplines within our MDT to ensure that an abstinence-based approach is integrated into the care ethos. Service users will often be at different stages of their relationship with substances when they come to us, and so find a 1:1 approach to treatment to be the most effective.

This also means we can tailor timelines to align with care plans, for example, offering a more intensive approach for men on a 12-week discharge to assess admission. No two journeys are the same and, often, there is no quick fix when it comes to recovery.

We focus on the ground work, building strong roots and resilience. True progress requires significant patience and perseverance, with foundational changes occurring internally long before visible signs of success emerge. Our staff team are encouraged to identify and report trends in drug and alcohol use, which informs staff training about specific areas, and ad-hoc educational group sessions for service users.

We aim to discharge service users to community living fully equipped with the confidence, skills and understanding needed to take ownership of their continued recovery. We can support individuals that are already being prescribed medication for substance dependence, including those on reduction plans. Whilst treatment plans are totally bespoke, we do follow the 'Cycle of Change' framework as a foundation for recovery plans.

Precontemplation:

Unaware of / Resistant to the need to change

Contemplation:

Acknowledging the need for change and starting to engage

Preparation (Decision):

A desire and plan to make change happen

Action:

Implementing changes and working towards stabilisation

Maintenance:

Staying Strong

Lapse / Relapse:

Learning & rebuilding

Upward Spiral:

Learning from relapse and re-entering the cycle with more insight



Rated 'Good' in all domains by the CQC

We are a SMART Recovery Partner which enables progress to continue into onward community placements



Provide a variety of structured activities, which are led by a wide range of experienced, multi-disciplinary professionals



Weekly community meetings and monthly People's Council

"My son has learned so much at Cygnet and he has worked hard, but this could not have been achieved without the support of the team behind him. I am delighted to have got my son back, something I didn't think possible just a year ago." Family member



AIMS Rehab accreditation

We encourage the men we support to set their own goals and work collaboratively to achieve success



"I really enjoyed the MDT motivation and goal setting group this morning and am really glad I came to it. Thank you to the staff who work hard to support me with learning new skills and helping me in the community." Service user

Our facilities:

- > En-suite bedrooms
- > Variety of activity rooms and an IT café
- > Multi-faith room
- > Family visiting room
- > Spacious enclosed garden



Make a referral

- 1 Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Wyke
Blankney Grange, Huddersfield Road, Wyke, Bradford BD12 8LR
Phone number
01274 605 500



CYG-2082 | Date of Preparation: 19/06/26

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Respect

Care