



Press Release

Immediate Release

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National Superhero Day Shines Spotlight on Woking Mental Health Teams

Two Woking hospitals recently united to celebrate the everyday heroes who make a difference to the lives of those with mental health needs.

Cygnet Hospital Woking and Cygnet Lodge Woking, two Cygnet Health Care mental health hospitals, came together for National Superhero Day.

Staff marked the occasion in style by dressing up and nominating colleagues who go above and beyond in their roles.

The awards, organised by Lead Receptionist Karen Wathen, highlighted the super work of 14 members of staff.

"This was a chance to recognise our colleagues for their dedication and commitment, not just being there for our service users but also for the unseen and unspoken support they give to our services every day," explained Courtney Greene, Head of Occupational Therapy at the Cygnet Health Care services.

"A huge congratulations to our superhero winners but also to all of our Cygnet Group heroes who show up, step up and give their utmost support and devotion to the work they do. Behind every superhero, there is a dedicated team motivated to make each day count."

One of the heroic winners was Ward Manager Emanuela Apenteng, who said: "Winning Superhero of the Ward was a wonderful surprise. It filled me with gratitude and joy, knowing that my efforts are recognised.

"This award truly reflects our amazing team and the hard work we all put in every day. It inspires me to keep doing my best for our service users and continue supporting my colleagues."

Located on Redding Way, Cygnet Hospital Woking is a 62-bed hospital offering PICU, acute and low secure services for adults with mental health needs. Neighbouring service Cygnet Lodge Woking provides acute and high-support inpatient rehabilitation (level 2) care for men with complex mental health needs.