



Press Release

Immediate Release

7 May 2026

Celebrating Culture, Community and Wellbeing at Ranaich House

A Dunblane residential service, which provides specialist care for individuals with learning disabilities, hosted a day of education and culinary delights to celebrate diversity and inclusivity.

Located on Leewood Road, [Ranaich House](#) is a 14-bed specialist residential care service for adults with learning disabilities and mental or physical health needs.

The Cygnet Social Care service celebrated the fun-filled event on 5 May to mark African Heritage Day.

Molly Sinclair, Activity Coordinator, shared the success of the day: "Our celebration brought everyone together for a vibrant and meaningful cultural experience. It was filled with colour and was a memorable experience, celebrating diversity and community within our service.

"Here at Ranaich House, learning about different cultures helps us to continue to create a welcoming, inclusive and respectful environment where everyone feels valued and accepted. It encourages our residents to celebrate differences by trying new experiences and learning about the world around them through food, music and traditions."

Staff and individuals supported at the Cygnet Social Care service were able to try on a variety of traditional outfits, designed and made by Support Worker Victoria Ojo.

After discussing African culture and craftsmanship, everyone embarked on a culinary journey, tasting a variety of African dishes made by Victoria and Head Chef Cameron.

The celebration was part of Cygnet Group's Wellbeing Month, which encourages both staff and service users across the organisation to prioritise wellbeing through a series of events, awareness days and activities throughout May.

"African Heritage Day had a positive impact on everyone's wellbeing, it brought us together to learn, socialise and enjoy new experiences," explained Molly.

“There was a really fun and meaningful atmosphere, helping to boost community spirit and ensuring everyone feels involved, connected and included. Embracing diversity makes Ranaich House a happier and more supportive place to be.”