

Improving lives together

Neuropsychiatric Service for Men

Good



Cygnnet St William's is a 12 bed Neuropsychiatric care and treatment facility for men affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer placement to support and help manage the progression of their symptoms.

The hospital is a purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.



Male



18+ years



12 beds

Our facilities:

- > En-suite individual bedrooms
- > Multi-functional outdoor space including gardens
- > Therapy kitchen and additional therapy spaces
- > Accessible bathrooms
- > Dining room
- > On-site laundry facilities
- > Living room
- > Specific dietary needs met by our in-house catering team
- > Additional communal areas



Scan the QR code or click here to watch a short video on Cygnnet St William's

Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support / modified diets
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder

Community links include the Dolphin Centre, which is a sports centre with gym, swimming pools, and hydrotherapy pool



Physical health care clinic is supported by a Registered General Nurse



Inter-disciplinary team input including:

- > Psychologist
- > Occupational Therapist
- > Speech and Language Therapist
- > Physiotherapist
- > Clinical Hospital Manager
- > Therapy Coordinator
- > Nurses across RMN / RGN / RNLD disciplines
- > Support Workers
- > GP cover from local practice



Onsite Gym which has weights, exercise bikes and parallel bars for support with mobility rehab



Therapy kitchen and additional therapy spaces



Close to local town of Darlington, with access to cinemas, parks, shopping and cafés



Rated '**Outstanding**' in all areas by **Headway**



"Learning and reflection are strongly embedded in the service's approach to patient safety. This is evident in the way incidents are reviewed and used as learning opportunities."
RCPsych Quality Network for Neuro

"All the staff I've met and dealt with at Cygnet St William's have been fantastic. I am so very grateful for all the excellent care, support and respect they are all giving my brother."
- family member



90% of men we discharged in the last 2 years were able to **step down along their care pathway**



*based on discharges in 2024 & 2025

"Thank you for everything you have done for me over the past few months, this has been the best hospital i have been in. I actually am hopeful for my discharge and believe that i will not be re-admitted this time."
- former service user

Rated '**Outstanding**' by the **CQC in Well-Led**



Make a referral

- 1 Referral made to your regional NHS Partnerships Manager or **0800 164 4450 / chc1referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet St William's
Cornwall Avenue, Darlington,
County Durham DL1 2LJ

Phone number
01325 638710



CYG-737 | Date of Preparation: 28/05/26

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care