Improving lives together

Low Secure Mental Health Service for Men

Winston Court
Cygnet Churchill, London



NEW
Accepting Referrals

Winston Court is our new 16-bed low secure service for men, based at Cygnet Churchill. The service provides assessment, treatment and rehabilitation with the aim to prepare the men we support for a successful life in the community.

We work in collaboration with the men we support to create care plans and goals for the future, including a discharge pathway to a less restrictive setting. Our multidisciplinary team offer specialist interventions, therapies and activities tailored to each individual.

Our model of care is shaped by the people we support, ensuring services remain responsive to individual needs and goals. We use a wrap-around approach that integrates carers, family, and community resources to achieve sustained success.

Cygnet Churchill is a service built on recovery principles of hope, empowerment, wellness, personal responsibility, community focus and connectedness. We are committed to continually improving the experience of the people we support.



Male | **18+ years** | **16 beds**

Our service user profile

- Men, aged 18+ years
- Primary diagnosis of mental illness
- Detained under the Mental Health Act, including Ministry of Justice restrictions
- Requiring assessment and treatment in a secure environment
- May have a history of trauma
- May present active or potential risk to others
- May have diagnoses of:
  - Severe and enduring mental health problems
  - Psychotic disorder
  - Schizoaffective disorder
  - Schizophrenia
  - Personality disorder

Therapies and Interventions

Therapies are offered on an individual and group basis, and may include:

- Cognitive Behavioural Therapy (CBT)
- Dialectical Behaviour Therapy (DBT) Based Coping Skills
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Art Therapy
- Horticultural Therapy

Our facilities:

- En-suite bedrooms
- Barber
- Music room
- Gym
- Social Hub
- IT café
- Therapy kitchens
- Spacious communal garden with outdoor seating





Our multidisciplinary team:

- Consultant Psychiatrists
- Specialty Ward Doctor
- Psychologists
- Registered Mental Health Nurses
- Healthcare Support Workers
- Registered General Nurse
- Social Worker
- Occupational Therapists
- Activity Coordinator
- Art Psychotherapist
- Pharmacist
- Fitness Instructor
- Mental Health Act Administrators
- Independent Mental Health Advocates

Secure Model of Care

Introducing Me
This phase is about the referral and assessment this helps the team make sure you are in the right place for your needs.

Understanding Me
This phase focuses on getting to know you, we will introduce you to the team of people here to help you.

Building My Skills
We will look at what you need to be safe and well. You will work with members of your team to find out your skills and assess any risks.

Building My Independence
You will start building trust with other people. You will be involved in activities and learning skills suited to you.

Preparing to Move On
You will be putting your skills to practice. We will meet with you, your family and carers to discuss moving on to a safe and meaningful life.

Individuals are supported to learn healthy coping skills through a range of programmes

4 Daily Living (ADL) kitchens to improve skills

Workshops for substance misuse

Links with community teams

Individuals supported to complete vocational courses such as maths and english



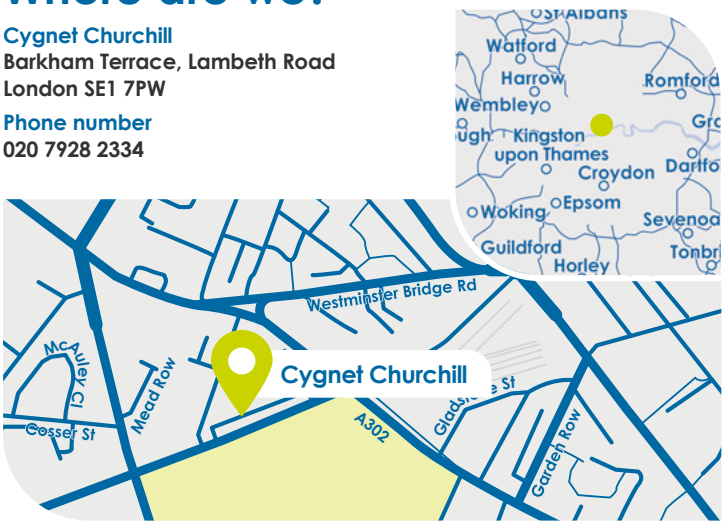
Make a referral

1. Referral made to your regional NHS Partnerships Manager or 0808 164 4450 / chcl.referrals@nhs.net
2. Assessment arranged and undertaken via our management team
3. Feedback provided on whether our service can meet the individual's needs
4. Assessment pack formulated including care plans and funding information
5. Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Churchill
Barkham Terrace, Lambeth Road
London SE1 7PW

Phone number
020 7928 2334



CYG-577 | Date of Preparation: 27/10/26