



Press Release

Immediate Release

21 April 2026

Neuropsychiatry Conference 2026: Complex Minds, Clear Pathways

With registrations nearing capacity, excitement is building for the Neuropsychiatry Conference 2026: *Complex Minds, Clear Pathways*, taking place on Tuesday 9 June 2026 in, Birmingham.

The free, one-day conference, organised by [Cygnets Health Care](#), will bring together professionals from across the NHS, medico-legal, charity and care sectors to explore evidence-based developments in neuropsychiatry, share best practice and strengthen cross-sector collaboration in an increasingly complex clinical landscape.

Organisers are pleased to announce several outstanding additions to the speaker line-up, reinforcing the event's focus on clinical excellence, innovation and practical insight.

Commenting on the latest speaker announcements, Rachael Chamberlain, Cygnets's Neurological Business Development Director, said:

"We are delighted to be able to announce several outstanding speakers for this year's Neuropsychiatry Conference. The depth and breadth of expertise represented reflects our commitment to delivering a truly high-quality, evidence-based programme that supports learning, collaboration and meaningful discussion across neuropsychiatry and related sectors."

Confirmed speakers include:

- Professor Andrea E. Cavanna, Consultant in Behavioural Neurology at Birmingham and Solihull Mental Health NHS Foundation Trust and Associate Professor in Neuropsychiatry at the University of Birmingham, internationally recognised for his work on movement disorders and behavioural neurology.
- Dr Mike Dilley, Consultant Neuropsychiatrist at King's College Hospital NHS Foundation Trust and Brain and Mind Ltd, who brings extensive experience spanning clinical practice, service development and medico-legal work.
- Dr Czarina Kirk, Consultant Neuropsychiatrist at Guild Lodge, Lancashire and South Cumbria NHS Foundation Trust, with a strong clinical background supporting people with complex neuropsychiatric needs.

The conference will explore contemporary challenges and emerging approaches in neuropsychiatry, offering practical takeaways for clinicians, commissioners and allied professionals alike.

The event is proudly supported by Irwin Mitchell, whose sponsorship has helped make the conference accessible as a free-to-attend opportunity. The organisers have expressed their sincere thanks for Irwin Mitchell's ongoing support and commitment to advancing shared learning across health and care communities.

This community-centric approach is further highlighted by the inclusion of local charities, Silverlinings and Headway, alongside UKABIF, who will be hosting exhibition stands to engage with delegates throughout the day.

With over 75% of places already booked, demand is high and spaces are limited. Further speaker announcements and the full programme will be revealed soon.

Professionals interested in attending are encouraged to register early to avoid disappointment.

Free to attend – secure your place: <https://ow.ly/AOn650YvH5A>