



Press Release

Immediate Release

27 March 2026

### **Cygnet Hospital Colchester Rises to the Occasion for Comic Relief**

A mental health hospital in Colchester served up support by raising vital funds for Comic Relief through a slice-by-slice effort.

Staff and service users at Cygnet Hospital Colchester, a 59-bed service supporting men with learning disabilities, autism or mental health needs, whisked, kneaded and baked a variety of sweet treats for charity.

The Cygnet Health Care service, located on Boxted Road, raised £130 for Comic Relief, a charity that tackles poverty and social injustice worldwide, whilst supporting those facing immediate hardships.

"Comic Relief is a charity that we support every year and it is something we always have fun with," explained General Manager Rebecca Catchpole.

"It was a wonderful effort made possible by everyone's generous contributions. A huge thank you to everyone who baked, donated or indulged for this good cause."

The individuals supported at the Cygnet Health Care service were fully involved in the preparation and delivery of the fundraiser by baking and then selling the sweet treats to their fellow service users, staff and visitors.

The service was also lit up in a sea of colour with staff dressing in red and donning iconic Red Noses for the day.

Lynn McGhee, Hospital Manager at Cygnet Hospital Colchester, also acknowledged the success of the sweet fundraiser.

She said: "It was a great chance for our service users to take part in a charity event. Our fundraiser helped raise awareness of those who are less advantaged than us and encouraged some deeper thinking about others.

"There was a sense of satisfaction, achievement and purpose from both staff and individuals we support after raising the funds to help those in need."