



Your guide to **Burleigh Ward** Cygnet Hospital Kidsgrove

**Highly Specialised
Personality Disorder Service**

Burleigh Ward

Stoke-on-trent

Registered address: Cygnet Hospital Kidsgrove,
Boathorse Road,
Kidsgrove,
Stoke-on-Trent,
Staffordshire
ST7 4JA

Burleigh Ward is part of Cygnet Hospital Kidsgrove. This is owned by Cygnet. Cygnet Hospital Kidsgrove is in Stoke-on-Trent.

The people we care for at Burleigh Ward are:

- Female
- 18+





Up to 11 people can stay at Burleigh Ward.
Burleigh ward is a safe and supportive place.

We will match your support to your needs. We will support you to:

- learn new skills
- build confidence
- prepare for the future

Our aim is to help you feel ready to live in the community or live more independently.

People we support



At Burleigh Ward we care for and support women aged 18 and over who have been diagnosed with a personality disorder and other mental health needs.

You may:

- have been diagnosed with autism
- be staying in hospital under the Mental Health Act
- have had difficult experiences with alcohol or drugs
- moved between services or places to live

- sometimes find relationships difficult to manage
- have had contact with the police or courts

Our team will work with you to understand your needs and support your recovery.

Therapies and Activities



Our staff are trained to help you develop and learn. We will focus on your care on your need and wants.

Your team will talk to you about what might be helpful, you will be supported at a pace that is right for you.

Some of the support we may offer:



- talking therapies - to deal with trauma and difficult experiences
- therapies that help you manage strong emotions
- therapies to help your mind and body process emotions
- therapies that help you be kinder to yourself and build confidence
- **risk and support plans** to keep you safe and well
- **behaviour support plans** to support you in the best way for you
- **wellness and recovery plans** to help you stay well and plan for the future



Our team



Our team work together to support your recovery. We want to empower you to make positive choices and move forward in your life.

Your support may include:

- **occupational therapy** helping you build skills for daily living and activities
- **social work support** helping with practical needs, family contact and planning for the future
- **vocational support** helping you to learn skills for education, training or work

Our Model of Care

This Model of Care shows how we will support you during different stages of your recovery.

Phase 1

Preparation

Preparing for your arrival to Burleigh Ward.

Phase 2

Getting to know you

Getting to know your team, support group and care planning.

Phase 3

Feeling safe

Helping you to feel safe and settled.

Phase 4

Your treatment

Engaging in treatment and rehabilitation, improving quality of life.

Phase 5

Preparing to move on

Moving on to a safe and meaningful future.



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