



Your guide to  
**Knightstone Ward**  
Cygnet Hospital Kewstoke

**Personality Disorder**

# Knightstone Ward

Weston-super-Mare

**Registered address:** Beach Rd,  
Kewstoke,  
Weston-super-Mare  
BS22 9UZ

Knightstone ward is in Cygnet Hospital Kewstoke. Cygnet Hospital Kewstoke is in Weston-super-Mare. This is in the South West of England.

The people we care for at Knightstone Ward are:

- Female
- 18+





Up to 15 people can stay at Knightstone Ward. We aim to make your stay here as calm and safe as possible. Staff will be supportive and friendly.

## People we support

You must be 18 years old and above

You have been diagnosed with a personality disorder

You may have trouble sustaining relationships

You may have been diagnosed with PTSD

You may have a diagnosis of ASD (Autism Spectrum Disorder)



You may show behaviours that tell people you need more support

You may have moved homes or services several times.

You may have been involved with the police or courts in the past

You may have been admitted under the Mental Health Act

## Therapies and Activities



Our staff are trained to help you develop and learn.

We can help you develop your skills and make you more independent.



We want help build your awareness of your own mental health.



Our programme focuses on building curiosity, independence, confidence, and meaningful goals to help you prepare for life in the community or when moving to a less secure setting.

## Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- en-suite bedrooms
- terrace
- self soothe room
- gym
- quiet lounge
- communal lounge
- en-suite bedrooms
- laundry rooms
- on site accommodation for visiting carers



## Other activities



We are near to the beach. You can access the beach from the hospital.



We also have a visiting animal therapist.



Address

Cygnets

4 Millbank, 3rd Floor,

Westminster,

London,

SW1P 3JA

Telephone

0207 123 5706

Website

[www.cygnetsgroup.com](http://www.cygnetsgroup.com)

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