

Improving lives together



Low Secure Mental Health Service for Men

Saltwood Ward,
Cygnet Hospital Maidstone, Kent

Good

Accepting Referrals



Saltwood Ward is a 17 bed low secure service for men with enduring mental illness, including those with a personality disorder at Cygnet Hospital Maidstone, Kent.



Male



18+ years



17 beds

The multidisciplinary team (MDT) work as one, sharing insights and expertise. We work closely with the local Trust, who have extensive community links and resources. For men that require an additional period of rehabilitation before moving on, we have Kingswood Ward on-site, a High-Support Inpatient Rehabilitation Service.

Cygnet Hospital Maidstone is a core and active provider partner in the South East (KSS) Provider Collaborative for Adult Secure Services. The primary focus of the partnership is to offer secure care within the South East region when service users requires it. We aim to keep lengths of stay within secure services as appropriately short as possible, while achieving the treatment goals set out. The Provider Collaborative Case Manager oversees the quality and care of our KSS patients.

Our service user profile:

- > Men, aged 18+
- > Detained under the Mental Health Act
- > Requiring assessment and treatment in a secure environment
- > Presenting active or potential risk to others
- > Diagnosis of:
 - Severe and enduring mental health problems
 - Psychotic disorder
 - Schizoaffective disorder
 - Schizophrenia
- > May be exhibiting dangerous and challenging behaviour
- > May have a dual diagnosis with substance abuse
- > May require a specialist service for treatment or management of personality disorder
- > May have a forensic history

"Thank you all so much for the work you do on the ward, and in the community, with all the patients."

- External health professional

Our Model of Care

Introducing Me

This phase is about the referral and assessment this helps the team make sure you are in the right place for your needs.

Understanding Me

This phase focuses on getting to know you, we will introduce you to the team of people here to help you.

Building My Skills

We will look at what you need to be safe and well. You will work with members of your team to find out your skills and assess any risks.

Building My Independence

You will start building trust with other people. You will be involved in activities and learning skills suited to you.

Preparing to Move On

You will be putting your skills to practice. We will meet with you, your family and carers to discuss moving on to a safe and meaningful life.





In the last 18 months,
90% of the men
discharged were able to
**move to a similar or
less restrictive service***

*Data from Sept 24 - Mar 26

Proud to be accredited by the **Triangle of Care**

The Triangle of Care
is an alliance between
carers, service users
and health professionals.

It aims to promote
safety and recovery
and to sustain wellbeing
in mental health by
including and
supporting carers.



Plenty of therapeutic outdoor space

including
gardens, allotment, picnic
area and nature trail



Supporting men to develop the skills they need to **return to community living**



Rated
GOOD
in all
domains
by the
CQC



Inter-ward
**celebrations
and activities**



"I have been kept up to date with my son's journey towards discharge, and informed at every stage, which is also extremely helpful and much appreciated. Carers' Support has been communicative and informative."

- Parent

Our facilities:

- > En-suite bedrooms
- > Extensive social and recreational space
- > Activities of Daily Living (ADL) kitchen
- > Safe outdoor space
- > Gym
- > Music room
- > Quiet room
- > Multi-faith room
- > Visitors / family room



Click or scan
here to take
a virtual tour

Our daily activity programme:

- > Social group
- > Self-harm management
- > Anger management
- > Dietetic assessment and advice
- > Life skills
- > Education
- > Recovery groups
- > Ward based activities
- > Daily planning meeting
- > Current affairs group
- > Recreational activities
- > Relaxation
- > Gardening
- > Art Group

Make a referral

- 1 Referral made to your **regional NHS Partnerships Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Hospital Maidstone
Gidds Pond Way, Off Newnham Court
Way, Weaving, Maidstone ME14 5FY

Phone number
01622 580 330



CYG-1014 | Date of Preparation: 12/03/26

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care