



Press Release  
Immediate Release  
11 February 2026

### **Cygnet Aspen Clinic Retains Carers Trust Accreditation**

A specialist care service in Doncaster for women with mental health needs has retained its accreditation for the work it does to involve families and carers in the support of their loved ones.

Located on Manvers Road in Mexborough, Cygnet Aspen Clinic is a 16-bed mental health hospital for women with personality disorders and mental health needs.

The Cygnet Health Care service has maintained its Triangle of Care Star 1 accreditation from Carers Trust, which it initially earned in January 2025. Now the service has retained its accreditation, meaning the team has shown an ongoing dedication to working in partnership with the loved ones of service users.

The assessment team from Carers Trust commended Cygnet Aspen Clinic for its “solid foundation and clear opportunities to strengthen carer engagement.”

The Carers Trust panel noted multiple areas of good practice, including:

- Carer Engagement: Surveys are sent to family and friends to obtain their feedback on their involvement. There are also multiple events hosted for carers to attend.
- Carer Inclusion: All carers are invited to meetings and there is an interpreter service available.
- Carer Awareness: 100% of staff have completed Carer Awareness Training.
- Carer Support: There is ongoing support for carers and a strong relationship with numerous advocacy services, like Doncaster Partnership for Carers.
- Designated Carer Leads: There are three appointed Carer Leads to enhance carer support.

Neil Booth, Hospital Manager at the Cygnet Health Care service, praised his team for their success: “We are hugely proud of retaining the Triangle of Care Star 1 accreditation. This encompasses the hard work and dedication the team at Cygnet Aspen Clinic really value in supporting the carers, friends and family of the individuals we support.

“It’s an amazing achievement. Thank you for all the support and dedication that the carers give us, even when their loved one has left our service.”

Triangle of Care is a quality improvement scheme for health and social care providers that promotes safety, recovery and wellbeing by including and supporting

unpaid carers. Originally developed by carers, the scheme is run by Carers Trust and recognises healthcare providers that have committed to continuous improvement according to six key 'carers included' standards.

Over 80 mental health providers, including NHS Trusts, charities and private hospitals serving NHS patients, are Triangle of Care members and Carers Trust is gradually opening the scheme to new health and social care sectors. The Triangle of Care is recognised by Care Quality Commission inspectors and supports the NICE recommendations for 'Supporting Adult Carers'. To find out more, visit the [Triangle of Care website](#).