

CYGNET HOSPITAL COLCHESTER RETAINS CARERS TRUST AWARD

A MENTAL health hospital for men in Colchester has been praised for its commitment to involving families in patient care.

Cygnet Hospital Colchester, a 59-bed mental health facility on Boxted Road, has retained its Triangle of Care Star 1 accreditation from Carers Trust, first awarded in July 2024.

The award recognises its “think carer” ethos, ongoing support for families and involvement of carers in the

care process.

Hospital manager Lynn McGhee said: “We are incredibly proud to have maintained the Triangle of Care Award.

“It reflects the hard work and dedication of our staff to ensure carers are listened to, supported and valued in the recovery journey of the individuals we support.

“The significance of family and friends cannot be overlooked when it comes to caring for a loved one.”

The Triangle of Care is

a quality improvement scheme for health and social care providers that promotes safety, recovery and wellbeing by including and supporting unpaid carers.

Cygnet Hospital Colchester supports men with learning disabilities, autism spectrum disorders or mental health needs.



■ Award - Staff at Cygnet Hospital, Colchester

Image: Cygnet Health