



Press Release

Immediate Release

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Psychologist from Cygnet Hospital Kewstoke wins Swan Award

A psychologist from Cygnet Hospital Kewstoke has been recognised for her outstanding contribution to mental health care after winning the Swan Award at Cygnet Health Care's Annual Psychology Awards.

Dr Sharon Collins, Psychologist at Cygnet Hospital Kewstoke, received the accolade in recognition of her exceptional leadership, innovation and commitment to trauma-informed practice across Cygnet Health Care.

Cygnet's Annual Psychology Awards celebrate excellence, innovation and dedication across its psychology teams. The 2025 awards were presented by Matt Gill, Director of Psychology for the North Region, and Erica De Lange, Director of Psychology for the South Region, who praised the incredible work achieved by teams throughout the year.

The Swan Award is presented to a psychologist who has made outstanding and significant contributions to the profession, demonstrating consistent dedication, passion and leadership, alongside a proven track record of innovation and excellence.

Dr Collins' contribution played a key role in Knightstone ward achieving the Enabling Environment Award, recognising its commitment to relational safety, psychological wellbeing and a culture of respect and recovery.

Speaking after receiving the award, Dr Collins said: "I am extremely grateful to receive the Swan Award and would like to thank those who conferred it for recognising my contribution to developing psychological and trauma-informed frameworks at Kewstoke.

"I would also like to thank the hospital manager, Josh Tapp, for believing in me and supporting innovation that makes a real difference for staff and service users.

"I genuinely believe in trauma-informed care and the difference this cultural shift can make for service users, and I will continue to advocate for this across Cygnet."

Erica De Lange, Director of Psychology for Cygnet Health Care's South Region, said: "Reading the nominations showcasing excellent clinical practice, compassion and innovation is a powerful reminder of the dedication and talent across our psychology teams.

"Sharon's work exemplifies creativity, compassion and excellence in psychology. Through her leadership and commitment to trauma-informed care, she has delivered measurable improvements in outcomes, culture and professional growth, making her a truly deserving recipient of the Cygnet Swan Award. Congratulations to Sharon and to all our 2025 award winners."