



Press Release

Immediate Release

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Psychology Team at Cygnet Maple House Named Psychology Team of the Year 2025

A group of doctors from a Nottinghamshire mental health hospital for women has been named Psychology Team of the Year 2025 at Cygnet Health Care's annual Psychology Awards.

The Psychology Team at Cygnet Maple House received the accolade at Cygnet's Annual Psychology Awards, which celebrate outstanding contribution, innovation and dedication across psychology services nationwide. The awards were presented by Matt Gill, Director of Psychology (North Region), alongside Erica De Lange, Director of Psychology (South Region), who praised the exceptional achievements of psychology teams throughout 2025.

Cygnet Maple House, on Kneeton Road in East Bridgford, is a 16-bed highly specialised service providing assessment, treatment and rehabilitation for women with personality disorder and complex needs.

The Maple House team was recognised for the outstanding clinical care it delivers, its strong commitment to co-production, and its collaborative approach with external stakeholders. Judges were also impressed by the team's progress towards Enabling Environments accreditation, innovative practice, and continued focus on service development and staff wellbeing.

They highlighted excellence across a wide range of areas, including addressing inequalities in mental health, innovation, quality improvement, workforce wellbeing, integration of physical and mental healthcare, partnership working, research activity, and carers involvement.

One nomination described the team as "exemplifying excellence, compassion and innovation. Their dedication, creativity and holistic approach have made a lasting impact on service users and the wider multidisciplinary team."

All members of the psychology team were praised for their investment in staff learning, commitment to high-quality care and ongoing service transformation.

Reflecting on the achievement, the team said: "We were overjoyed and very grateful to have been awarded Psychology Team of the Year 2025. As a team, we are always striving to be kind, supportive, compassionate and empowering in our

work, and this award is a testament to the passion, dedication and care we work hard to share with others.

“A huge thank you to our wonderful psychology team at Cygnet Maple House who consistently go above and beyond, as well as to our amazing staff and management team who always support and encourage us. We feel extremely privileged to work alongside such a committed and compassionate group of people.

“This recognition belongs to the whole team, and we look forward to continuing to make Cygnet Maple House even better throughout 2026.”

Bethany Day, Assistant/Trainee Psychologist at Cygnet Maple House, added: “Throughout this year I've been given opportunities to develop and grow in so many ways. I feel very grateful to be part of such a compassionate, resilient and dedicated team who work tirelessly to support both our service users and colleagues. What we've achieved simply wouldn't be possible without everyone involved.”

Presenting the award, Matt Gill, Director of Psychology (North Region), said: “The Maple House Psychology team exemplify excellence in the delivery of psychological treatment. They provide consistently high clinical performance, demonstrate an unwavering commitment to meaningful co-production, and their work towards Enabling Environments accreditation is outstanding.

“They show just how much impact a psychology team can have on a service, far beyond clinical treatment alone.”