



Press Release

Immediate Release

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Bury Psychotherapist Wins Allied Health Professional of the Year at National Psychology Awards

A psychotherapist from Bury has been named Allied Health Professional of the Year at Cygnnet Health Care's Psychology Awards, recognising outstanding contributions to patient care, inclusion and service development.

The award was presented at Cygnnet's Annual Psychology Awards, which celebrate excellence, innovation and dedication across psychology teams nationwide. The ceremony was led by Matt Gill, Director of Psychology (North Region), and Erica De Lange, Director of Psychology (South Region), who praised the exceptional achievements of psychology professionals throughout 2025.

The winner, Luke Van Os, was recognised for his commitment to improving population health and wellbeing, reducing health inequalities, and advancing equality, diversity and inclusion across services.

Luke was selected for the award in recognition of his dedication to clinical practice and his consistent willingness to go above and beyond in supporting both patients and colleagues. His contribution has included supporting the opening of Vincent Court, a residential service for deaf men with mental health needs.

Praising Luke's contribution, Matt Gill said: "Throughout his clinical work, Luke has demonstrated outstanding adaptability, particularly in supporting deaf service users. He is widely recognised as a passionate advocate for deaf culture and for ensuring that deaf patients receive high-quality, accessible and meaningful care.

"Luke delivers therapy directly in British Sign Language (BSL), enabling deaf service users to engage fully in treatment in their first language. In addition, he has recently trained in the ADOS assessment, expanding Cygnnet's ability to provide autism spectrum disorder assessments for deaf service users in BSL, a significant step forward in reducing health inequalities and improving access to specialist assessments."

Speaking after receiving the award, Luke said: "What a wonderful surprise it was to achieve this award. Many thanks to everyone who voted for me, this was so unexpected. I'm lucky to be working with such a fantastic team. I'm extremely honoured to have achieved this."

Matt added: "Luke is a very deserving recipient of this award due to the incredibly innovative practice he brings to his role and the creativity he brings to his clinical profession.

"His compassion, adaptability and innovative approach are inspiring to all the staff he works with."