

Improving lives together

Transitional Service for Adults who are clinically ready for discharge on PICU or Acute Wards

Cygnet Health Care offers a PICU / Acute transitional service for people who no longer require an acute admission and are clinically ready for discharge, but do not have a community placement available. The service is offered at all of our mental health rehabilitation and recovery services (level 2) within the UK.



Male and Female



18+ years



National placements

Average Length of Stay for our transitional service is
48* days

* Data relates to 37 individuals between Jan 23 & Jul 24

Case Study

In 2023, 8 individuals from one NHS trust moved from

a PICU or Acute service



a Cygnet Mental Health Rehabilitation and Recovery (Level 2) service.

Cost savings to the trust

£350,000*

* Costs compared to those individuals staying on the PICU or Acute ward for the same time period

Our service user profile:

- > Men or women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Individuals who are clinically ready for discharge, but:
 - Require some support prior to discharge to the community
 - Do not require a long term rehabilitation placement
 - Need a period of assessment to identify their next placement
 - Have a placement identified with no agreed admission date
 - Have no fixed abode and require housing / benefit support

Our service at a glance:

- > Access to a **multi-disciplinary team** including but not limited to; mental health nurses, clinical and forensic psychologists, occupational therapists, and psychiatrists
- > Assessment from the whole MDT including **physical health assessments, functional skills assessments, recovery star, lunsers, Hogans** etc.
- > **Psychological assessment and formulation**
- > Activities of daily living (ADLs) in preparation for **discharge**
- > Support to address **social issues** such as benefits
- > Engagement in **meaningful therapeutic activities** of choice
- > Optimisation of **medication** if appropriate
- > Support to access **community services**
- > **Future planning** regarding discharge



PICU and Acute Services Delayed Discharge Patients
(NHS monthly cost approx. £20,000 - £28,000 per patient)

Cygnet PICU / Acute Transitional Services
(NHS monthly cost approx. £13,000 - £14,000 per patient)

**Cygnet
Community
Rehabilitation
Services
(Level 1)**

**Community
Services**

**Independent
Living**



Make a referral

1 Referral made to your **regional business relationship manager** or 0808 164 4450 / chcl.referrals@nhs.net

2 Assessment arranged and undertaken via our assessment team

3 Feedback provided on whether our service can meet the individual's needs

4 Assessment pack formulated including care plans and funding information

5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement



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Trust

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