

Improving lives together



Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Milestones, Cinderford, Gloucestershire

Good



Milestones is a specialist residential service in Cinderford. We support people with learning disabilities, autism, complex needs and behaviours that may challenge.

At Milestones we encourage and enable the people we support to lead a full and happy life. We work with each person to find out their strengths, abilities and preferences so that the care provided can be as person-centred to each individual as possible.

The home is often used as a step-down service from Broadoak, The Old Vicarage and Riverside House, the service can also accept external referrals.



Male



18+ years



4 placements



The people we support:

- > Adults from the age of 18 years
- > People with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness
- > Individuals with a secondary diagnosis of autism
- > May have communication challenges
- > May have associated complex needs

Our service at a glance

This welcoming service is housed in a beautifully appointed townhouse in Gloucestershire. As you enter on the middle floor, you'll find the spacious communal lounge and a well-equipped kitchen. The lounge opens onto a lovely balcony, offering serene views over the garden and extending to the picturesque Forest of Dean.

People are actively supported and encouraged to participate in a wide range of daily living skills, including essential activities like cleaning, meal planning, grocery shopping, and cooking. Each individual benefits from a personalised timetable, collaboratively developed with staff, which is designed to nurture their abilities. The people we support can access community based activities which include college courses, voluntary jobs, and gardening projects.



- Supporting people to enhance their social skills
- Person-centred activities
- Promoting family involvement (where appropriate)
- Homely environment with 24/7 support
- Accessible information available
- Family and friends events
- Regular community events and activities
- Large landscaped garden



Our community links:

- > Cafés and restaurants
- > Local colleges & libraries
- > Beautiful parks and countryside on the doorstep
- > Great public transport links
- > Barbers and hairdressers
- > Museums



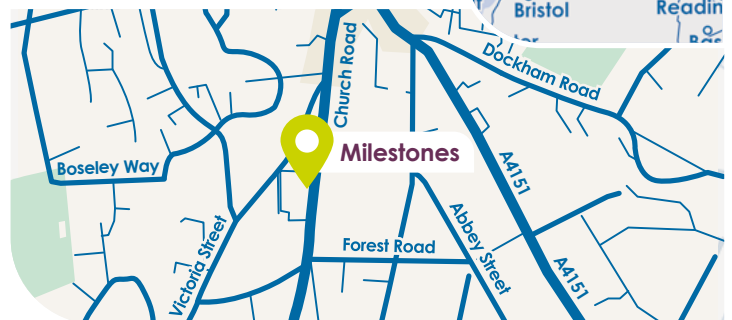
For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Milestones
9 Commercial Street, Cinderford, Gloucestershire GL14 2RP

Phone number
01594 825777



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