



Press Release
Immediate Release
2 September 2025

Nottinghamshire Care Service Hosts Collaborative Family Fun Day

Cygnet Sherwood Lodge, a care service in Nottinghamshire, recently hosted a fantastic Family Fun Day full of laughter, connection and community spirit.

Located on Rufford Colliery Lane in Mansfield, Cygnet Sherwood Lodge is a 26-bed care service which supports men with learning disabilities and complex needs run by Cygnet Health Care.

The Family Fun Day took place on 15 August at Rainworth Miner's Welfare Social Club and brought together carers, family members, friends, staff and individuals supported at the Cygnet Health Care service.

Attendees enjoyed a variety of engaging activities in the sunshine such as football, rounders and an inflatable gladiator challenge.

Bethanie Taylor, Cygnet Health Care Activity Coordinator, said: "All of the attendees loved the day, especially the sports as it brought out everyone's competitive side. It was a really inclusive day and our games were designed for all ages and abilities so everyone could take part.

"The event provided a wonderful opportunity for everyone to relax, bond and celebrate the supportive community that Cygnet Sherwood Lodge fosters.

"Our service users got involved in all of the activities and were key in the planning of our Family Fun Day. They worked closely with our team to organise the event in our weekly meetings and even helped set up the games on the day before greeting their loved ones as they arrived."

A tasty barbeque and refreshing ice-creams kept the Cygnet Health Care participants and their loved ones fuelled throughout the day. Delicious treats were also on hand with service users providing baked goods they'd made ahead of the event.

Bethanie said: "The highlight of the day was definitely seeing how the individuals we support had so much fun interacting with all of the staff, family and friends. Days like this are important to our service users as they are able to interact with their loved ones in a different environment.

"The carers, friends and family that attended remarked how nice it was to see everyone in an informal and fun setting, away from the hospital, to continue creating good working relationships.

"The staff joined in on the fun and the interactions between them and the service users really showed the trust we've built up between us. There was a massive sense of fun and humour. We can't wait for our next Family Fun Day!"