



Press Release

Immediate Release

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Summer Festival Brings Joy and Community Spirit to Cygnet Delfryn Lodge

A mental health hospital in Flintshire was bursting with colour, music and laughter recently as the service hosted its annual Summer Festival.

Organised by Cygnet Health Care activity coordinators Joe Morgan and Lisa Kettle, the festival at Cygnet Delfryn Lodge was a joyful collaboration between staff and service users who spent weeks preparing decorations and activities, ensuring everyone had a day to remember.

Kicking off with a delicious chippy-style dinner served al fresco in the garden, the event at the Cygnet Health Care service soon came alive with music, games, and creative activities. Headliner DJ Daf from Gifted Workshops delivered an energetic set of club classics and karaoke hits that had the whole garden dancing.

The festival featured a full festival-style experience, including wristbands and mocktail tokens issued by the on-site "Security Squad" - maintenance team members Justine Burke and Darrel Rees, who fully embraced their roles.

The duo even constructed a Tiki-style mocktail bar from recycled cardboard tubing, complete with a stocked fridge of personalised drinks. Behind the bar was barman-for-the-day, activity coordinator Ciaran Gallagher, who served up mocktails to delighted guests. A pic'n'mix sweet table added to the festival spirit with unlimited treats.

Security duties were also shared with the service's beloved pet therapy dog Harri, who wore his own high-vis vest and staff lanyard, specially made by Lisa.

Other highlights included a vibrant face painting and hair styling tent, where staff created dazzling neon looks, face gems, and colourful hair extensions. Festival games such as neon hook-a-duck and a coconut shy offered the chance to win sensory toys and personalised keyrings.

The event closed on a sweet note with a visit from Jane & Phil's Ice Cream Truck, serving cool treats to staff and service users alike under a rare appearance from the sunshine.

Joe praised the incredible team effort from everyone at the Cygnet Health Care service.

He said: "This event was all about bringing people together, celebrating creativity, and having fun. Everyone got involved, from maintenance and care staff to the kitchen team and, most importantly, the service users themselves.

"The festival had a noticeably positive impact on the ward, lifting spirits and strengthening bonds between staff and service users. Many described it as the highlight of their year, and plans are already in motion for an even bigger celebration next summer."

Cygnet Delfryn Lodge, on Argoed Hall Lane, Mold, is part of the Cygnet Health Care division and provides a mental health rehabilitation service for women.