



Press Release

Immediate Release

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Leicester Care Resident Celebrates Inspiring Journey to Independence

Cygnet Social Care has launched "Hopes and Dreams," a new campaign celebrating how the people it supports are achieving their personal goals and building brighter futures. For Logan, a resident at Cygnet Social Care's Toller Road service in Stoneygate, Leicester, a love of trains is helping him unlock newfound independence and confidence.

Toller Road is a specialist residential service that supports adults with learning disabilities and complex needs, including mental and physical health challenges. Since joining the service, Logan has been working closely with his support team to develop practical life skills through something he's deeply passionate about - train travel.

With the guidance of his keyworker, Dom, Logan has been learning how to read timetables, plan trips, manage money, and navigate new places safely.

Most recently, Logan planned a trip to Stamford, choosing the destination himself and taking the lead on every detail of the day. With Dom by his side for support, he caught the train, explored the town, enjoyed a meal out, and even picked up a few souvenirs, an experience that has left a lasting mark on him.

"It's more than just getting on a train," said Logan. "When I'm out there, seeing new places, I feel free, I feel like me. I used to get nervous, but now I get excited. I've learned that I can do things on my own, and that makes me really proud. I want to keep going, keep exploring. I believe in myself now, and that feels amazing."

Each trip is helping Logan build not only essential skills but also a growing sense of self-belief. These carefully supported outings are empowering him to take ownership of his choices and connect more confidently with the world around him.

"When I got home from Stamford, I couldn't stop smiling," Logan added. "I kept thinking, I really did that. It's like a door opened for me, and now there's so many more places I want to go."

Service Manager Stuart Powell praised Logan's dedication and the personalised approach taken by the team at Toller Road.

He said: "Logan's progress has been incredible. Every journey he takes is a reminder of what's possible when you combine individual passion with meaningful support. These trips are more than just days out, they're stepping stones to long-term independence, dignity and joy. We're all so proud of him, and it's a privilege to support him as he continues to grow."

Cygnnet Social Care's "Hopes and Dreams" campaign will continue to share powerful stories like Logan's across its services, showcasing how person-centred support is helping individuals take control of their lives and pursue what matters most to them.