



Press Release

Immediate Release

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Cygnet Shortlisted for Best Neurological Care Provider at Neurological and Complex Care Awards

Cygnet is proud to announce that it has been shortlisted in the "Best Neurological Care Provider" category at the upcoming Neurological and Complex Care Awards, recognising the organisation's exceptional neuropsychiatric rehabilitation services.

The nomination reflects Cygnet's commitment to delivering outstanding, person-centred care that empowers individuals to achieve greater independence and a better quality of life.

Across its specialist services, 93% of discharges were to more community-based settings, enabling individuals to step down to less restrictive environments. Key outcomes include a 50% reduction in behaviours that challenge and a significant reduction in the use of psychotropic medication within the first three months of admission. Environments are designed to support emotional regulation, cognitive function, and engagement in meaningful activity.

Families and carers play a central role in the rehabilitation journey, with 90% of families reporting they felt involved and informed, a testament to Cygnet's transparent and inclusive approach. Continuous staff development, reflective practice, and a strong clinical governance framework underpin the high standards of care and safety across services.

Dr Matt Rowett, Consultant Neuropsychiatrist at Cygnet Health Care, said: "Being shortlisted for this award is an incredible honour and a reflection of the dedication, expertise, and compassion shown by our teams every day. This recognition reinforces our commitment to innovation and to delivering the very best outcomes for the people we support."

The winners of the Neurological and Complex Care Awards will be announced at a ceremony later this year, bringing together the sector's leading providers to celebrate excellence and innovation.