



Press Release

Immediate Release

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### **Nottinghamshire Care Resident Snaps Beautiful Prize-Winning Nature Shot**

A resident at a care service in Nottinghamshire is buzzing with victory after scooping a prize in a nature photography competition.

Cygnet recently ran a wellbeing photography competition, Bee Happy, which encouraged people to slow down, enjoy nature and capture the beauty of pollinators.

Callum, an individual supported at Cherry Tree House, a specialist residential service for adults with autism and learning difficulties that is part of Cygnet's Social Care division, was one of the prize winners.

The Cygnet Social Care resident snapped a prize-winning picture of butterfly chrysalises that he was raising as part of the competition.

Callum said: "I feel very proud of myself. Looking after the butterflies made me feel happy as it was very rewarding.

"I wanted to look after the butterflies as I was intrigued by how they grew from caterpillars. I enjoyed watching them hatch and grow as well as feeding them. I also enjoyed releasing the butterflies into the garden."

Even though the butterflies have now hatched, Callum has also spread his wings since the photography project, which has only grown his passion of nature.

He said: "I really enjoyed taking part in the Bee Happy competition and raising my butterflies. I can't wait to take part in more nature projects in the future."

Christie Asplin, Deputy Manager at Cherry Tree House, supported Callum in taking part in the competition.

She said: "We are all so proud of Callum. He's been vocal about his desire to contribute to the environment and wanted to do this by helping butterflies grow. Callum took on all of the responsibility – he fed them, maintained them and observed them so they could grow to their full potential.

"Bee Happy was so important for Callum's wellbeing as it kept him constantly engaged in conversations. He updated our team every day and it was brilliant to watch his knowledge of insects and their evolution grow alongside the butterflies."

The Bee Happy competition run by Cygnet Group's Environment and Sustainability Network aimed to encourage both staff and people supported at its services to practice mindfulness and spend time in nature.

Mandy Sellers, Environment and Sustainability Network Lead, highlighted the success of the competition.

She said: "Here at Cygnet, we know that a healthy mind and a connected community are key to delivering great care and that was why we ran the Bee Happy competition.

"The creativity and enthusiasm in the entries were a beautiful reminder of the vital role bees and other pollinators play in our ecosystem. Nature's beauty is all around us—and every small action we take to protect it matters."