

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

Cygnnet Lodge Kewstoke,
Weston-super-Mare

Good



Accepting
referrals

Set in 16 acres of grounds overlooking the River Severn, Cygnnet Lodge Kewstoke is a high support inpatient rehabilitation (level 2) service for men who have enduring mental illness and may have been detained under the Mental Health Act.

Cygnnet Lodge Kewstoke provides a high quality care through a collaborative, multi-disciplinary approach in a community facing environment. We focus on successful discharge planning from the moment individuals arrive.

Our approach focuses on a culture of risk management balanced with therapeutic optimism, where men have the opportunity to develop and practice skills they will need in a safe environment.

In addition to the rehabilitation service, we also provide a 15 bed male acute service, **Haywood ward**. This is a safe and stabilising environment for men experiencing an acute episode of mental illness and require emergency admission. Individuals may progress to The Lodge as a part of their care pathway from Haywood Ward to the community.



Male



18+ years



12 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > Aiming for a return to community or community-based care
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Our service at a glance

We offer a recovery-focused care pathway that involves getting to know the service user, identifying rehabilitation goals collaboratively, building and consolidating skills in order to prepare for community living. Personal timetables are formulated weekly for each individual to support progress along his care pathway.

The service offers a gym and therapy room on site with a Recovery College where individuals can take courses. We have input from creative therapies such as art, music and drama. There is a beach within walking distance and local shops and restaurants. The nearest town is Weston-super-Mare, offering leisure activities and a chance to build community access skills. The surrounding Areas of Outstanding Natural Beauty such as Quantock Hills, the Mendips and Cheddar Gorge open up even more options for therapeutic activities.

We pride ourselves on engagement with carers and families. We offer weekly contact within the Triangle of Care framework. We are centrally based for motorway access enabling ease of access for family, friends, carers and community teams to visit.

Our multi-disciplinary team:

- > Consultant Psychiatrists
- > Specialty Ward Doctor
- > Psychologists
- > Assistant Psychologist
- > Registered Mental Health Nurses
- > Healthcare Support Workers
- > Registered General Nurse
- > Social Worker
- > Occupational Therapists
- > Occupational Therapy Assistants
- > Pharmacist
- > Mental Health Act Administrators
- > Medical Secretary
- > Independent Mental Health Advocates
- > Physical health lead / RGN
- > Art, music & drama therapists
- > Active life coaches
- > Visiting GP



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Lodge Kewstoke
Beach Road, Kewstoke,
Weston-super-Mare,
South West BS22 9UZ

Phone number
01934 428989



CYG-889 | Date of Preparation: 10/06/25

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