# Improving lives together

Specialist Residential Service with Nursing for Adults with Learning Disabilities and Complex Needs

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Willow House is a specialist residential service with nursing for adults with learning disabilities, complex needs and behaviours that may challenge.

We also support people who have associated mental and physical health needs, including those with a secondary diagnosis of autism. With our in-house qualified Mental Health and Learning Disability Nurses (RMN's and RNLD's), we can provide specialist nursing care and support, which is tailored to the needs of the individual. We can also offer bespoke packages including Speech and Language Therapy input for individuals that may require it.

We aim to promote increased independence and community integration for the individuals in our care.







#### The people we support

- Male and female, aged 18+ years
- Primary diagnosis of learning disability
- May require nursing support
- May have mobility needs
- May have autism
- May have complex mental and physical health needs
  - May have behaviours that challenge

## Our service at a glance

Located within the community of Edgbaston in Birmingham, Willow House is a spacious detached house with two comfortable living areas, a dining room and a conservatory where individuals can have private time with their families, friends or other visitors. Everyone has their own en-suite bedroom, which they are encouraged to personalise and decorate to make their own. There is a life skills kitchen where the people we support can plan and cook meals for themselves and their visitors. Willow House also has a spacious garden with seating areas.

Willow House is well connected by bus to Birmingham city centre, and individuals are supported to visit shops, the large library, local museums and restaurants. Nearby Cadbury World is also very popular. The activity coordinator leads monthly trips to local historic and cultural sights, which everyone enjoys. The city centre offers excellent rail links to neighboring cities and further afield.

The team at Willow House aim to promote individuals' independence. They do this by working closely with people to ensure that their wishes, needs and interests are met. Willow House has regular house meetings where they discuss a wide range of topics from meal planning to arranging their social calendars.

Individuals may come to Willow House for many reasons. We can provide a safe and homely environment for individuals on a pathway to more independent living, or, for those who may require a higher level of support than a residential setting can offer. Individuals may also come to us from hospital or from home.













Regular parties and family visits to celebrate special occasions and birthdays Regular trips to a local venue for quizzes, karaoke and live music





Easy read and other accessible information available to all individuals

provided in-house



Monthly house meeting Sustainability project for for individuals the people we support to to have their say, plant and grow their including own vegetables 'you said, we did'

Weekly psychical therapist visits

for tennis, fitness and coordination skills



Support individuals on person-centred holidays and trips service weekly

Supporting individuals to attend sessions at a local learning disability charity to help increase their independent living skills eg, cooking & budgeting





#### Our facilities:

- > En-suite bedrooms (each with a wet room)
- Therapy kitchen
- Variety of activity areas
- > Dining room
- Lounge
- Garden
- Ground floor bedrooms
- > Lift
- Quiet lounge
- Laundry room
- Communal bathroom



- Birmingham city centre

- Harborne village Social Club

- Bearwood Shopping Centre Windmill Shopping Centre



For more information or to make a referral, please contact your regional Business Relationship Manager or email:

sc.referrals@cygnethealth.co.uk

- Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- Detailed placement proposal is formulated to include care plans and funding information

Feedback is provided on whether our service can meet the individual's needs

Once placement is confirmed, transition plans are developed 5 with all relevant stakeholders and admission date is agreed

### Where are we?

**Willow House** 

229 Portland Road, Edgbaston,



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