



Press Release

Immediate Release

7 April 2025

### **Nottinghamshire Mental Health Hospital Raises Nearly £1,000 for Baby Loss Charity**

Staff and patients at Cygnet Maple House in Nottinghamshire have chosen a baby loss charity as the focus of their fundraising efforts in 2025 and have already raised nearly £1,000 through initiatives like a sponsored walk and car boot sale.

4Louis is a charity that supports anyone affected by miscarriage, stillbirth, and the death of a baby or child.

The organisation provides memory boxes to help families remember their loved one, and offers useful tools, equipment, and training free of charge to hospital units, hospices, and other professionals who work with grieving families.

Cygnet Maple House, a 16-bed mental health hospital for women on Kneeton Road in East Bridgford, will be raising funds for the charity throughout the year, which began in January with an 11-mile sponsored walk around Kneeton, Gunthorpe and Caythorpe which raised more than £600.

Last month, the service users and staff at the Cygnet Health Care hospital continued their support for 4Louis.

On Wednesday 2nd March, Cygnet Maple House Activity Co-Ordinator, Nicola Bicknell, and Senior Nurse, Charlotte Somerville, visited the 4Louis head office and supported the charity in producing memory boxes for families who have experienced baby loss.

On Saturday 29th March some patients at Cygnet Maple House carried out a fundraising car boot sale in aid of 4Louis. The team and patients got together all of their unwanted items and sold them, raising £230.

Hospital manager Nicola Mullender said: "Everyone who took part really enjoyed themselves and fully got into the spirit of the event. They were keen to make as much money as possible.

"The patients reported that they were happy to be doing something for such a great cause and really motivated them having something positive to focus on.

"Our aim is to try and raise as much money as possible in a year, doing lots of different events for a cause that would really benefit from our efforts.

"We have chosen 4Louis because this is a cause which can effect so many women and families as a whole and it is so important to bring awareness and try and do our bit to support families who suffer miscarriages and stillbirths."

Team Maple House have raised £930 for 4Louis so far this year and have further fundraising events planned including bake sales, car washing day and the famous Maple Fest.

To donate, go to <https://4louis.enthuse.com/pf/nicola-bicknell>

Ends