

Improving lives together



Specialist Residential Service for Adults with Autism and Learning Disabilities

Birches, Nottinghamshire

Good

Placements
now
available



Birches is a specialist residential service for people with autism and learning disabilities, who may also present with behaviours that challenge. We provide a safe, comfortable and effective highly specialised environment.

Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the people we support.



Mixed
gender



18+ years



6 Placements

Our resident profile:

- > Adults from the age of 18 years
- > A diagnosis of autism and learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders



Our service at a glance

Birches has six en-suite bedrooms alongside numerous communal spaces including two lounges, a dining room, sensory room, IT suite and a large kitchen. Externally there are two gardens, one is a large garden with a swing and vegetable patch, the other is a quiet sensory garden.

The home is located near to the bustling town and city centres of Newark, Lincoln, Grantham and Nottingham, providing easy reach to local amenities, including parks, pubs, restaurants and leisure facilities.

As part of our care pathway, we enable the people we support to build upon their skills to achieve further independence, self-advocacy and confidence, leading to a better quality of life.

The team supports each resident to create person-centred activity plans and develop daily living skills, both inside the home and out in the community.

The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore, we ensure that we enable the people we support to stay in touch with loved ones and can facilitate home visits.



Rated 'Good'
with the CQC



Supporting individuals to fulfil their
potential and achieve a meaningful life

Easy read and
other accessible
information
available to
all residents



On-site
multi-disciplinary team
consisting of occupational
therapy, speech and
language therapy,
psychology and psychiatry



Residents meetings
take place monthly
including 'you said,
we did'



Achieved the
Dignity in Care Award



Central location
with easy access to
many local towns

'Birches Blog'
noticeboard
updated weekly
with useful
information
for residents



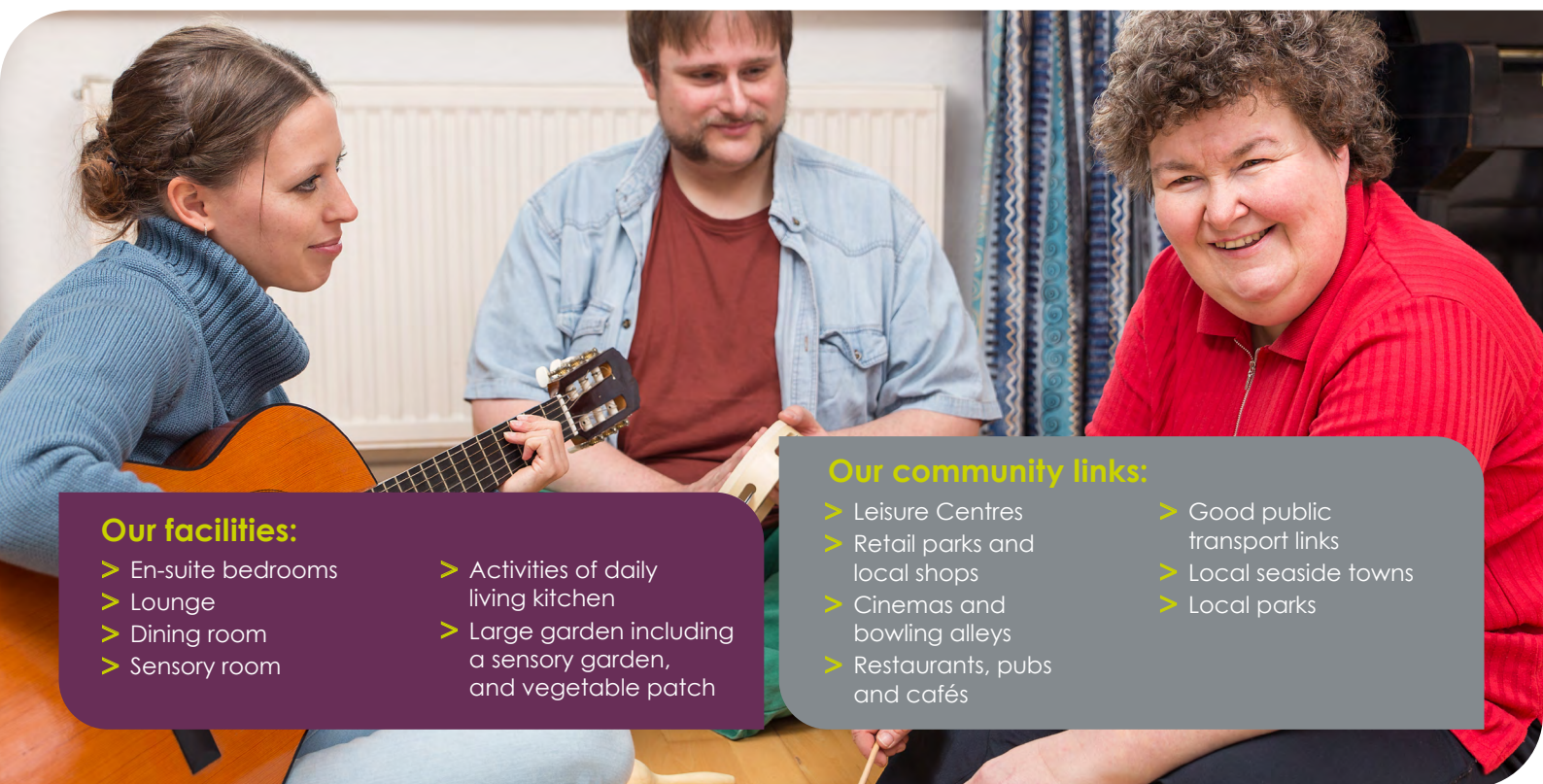
Supporting
residents
to enhance their skills
and their social circles



Activity co-ordinator
helps to plan
person-centred
activities and trips



Supporting residents on holiday



Our facilities:

- > En-suite bedrooms
- > Lounge
- > Dining room
- > Sensory room
- > Activities of daily living kitchen
- > Large garden including a sensory garden, and vegetable patch

Our community links:

- > Leisure Centres
- > Retail parks and local shops
- > Cinemas and bowling alleys
- > Restaurants, pubs and cafés
- > Good public transport links
- > Local seaside towns
- > Local parks



For more information or to make
a referral, please contact your
regional Business Relationship
Manager or email:
sc.referrals@cygnethealth.co.uk

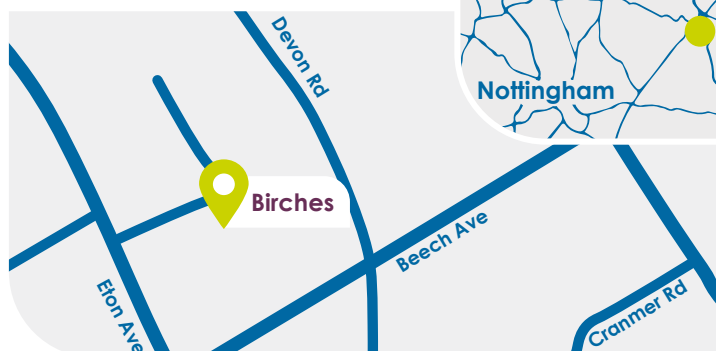
- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Birches

Eton Ave, Newark-on-Trent, Newark,
Nottinghamshire NG24 4JD

Phone number
01636 550 576



CYG-1107 | Date of Preparation: 28/03/25

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Integrity

Trust

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