

*Improving lives together*

# High Support Inpatient Rehabilitation (Level 2) Service for Men

**Cygnnet Newton House,  
Blackpool**

**NEW**  
Accepting  
Referrals



Cygnnet Newton House is a 21 bed specialist high-support inpatient rehabilitation (level 2) service for men dedicated to providing a supportive environment, promoting long-term recovery.

From the moment an individual arrives, the team work with them to maximise positive outcomes and recovery, while focusing on discharge plans to enable the individual to move on to the least restrictive environment for them.



Male



18+ years



21 beds

## Our service user profile

- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and / or be stepping down from secure services
- > May have a history of repeated acute admissions

## Our service at a glance

Located 1 mile from Blackpool centre, Cygnnet Newton House benefits from being close to plenty of amenities. There are good public transport links in the area with regular buses to the beach and other popular locations – the bus stop is just outside the service.

Within the service there are 21 en-suite bedrooms. We encourage and support individuals to personalise these according to their preferences, to promote a relaxing and comfortable space. There is a communal lounge and dining area with plenty of space for celebrations or taking some time to relax. In addition, there is an ADL kitchen for individuals to learn and refine their cooking or baking skills. Externally, we have a large patio and gardens.

Our interventions are adapted according to individual service user needs in order to maximise their engagement and ensure that progress is being made. Vocational support is provided to assist our service users to build important skills, this may include therapeutic jobs at site, voluntary work and paid employment.

Our dedicated clinical team provide a multi-disciplinary input including occupational therapy, psychology, psychiatry and vocational training. However, we offer more than just specialists and treatments, we value the service users as individuals, help enhance their interests and abilities, encourage them to share their views and help them unlock their talents and aspirations.

We are committed to working in collaboration with service users, family and carers and external professionals in order to support individuals to achieve their goals.





**Good transport links** in the area with regular buses to the beach and other popular locations



**Communal lounge and dining area** with plenty of space for celebrations or taking some time to relax



**ADL kitchen** for individuals to learn and refine their cooking or baking skills



Supporting individuals to return to **community living**



**Large patio and gardens**

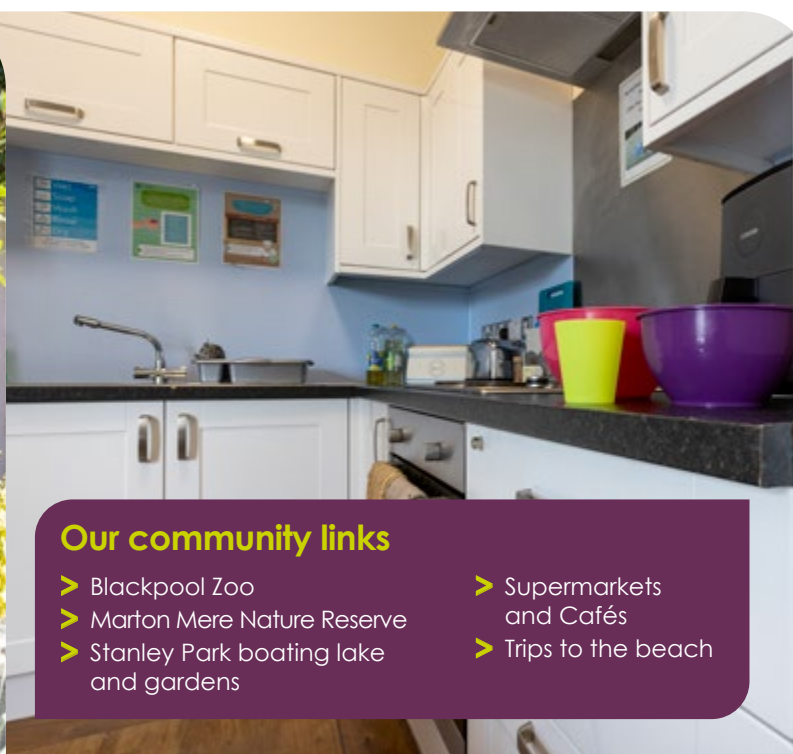


Supporting service users to access **educational and vocational opportunities**



### Our facilities

- > En-suite bedrooms
- > Dining Room
- > Communal Lounge
- > Garden
- > Variety of activity spaces



### Our community links

- > Blackpool Zoo
- > Marton Mere Nature Reserve
- > Stanley Park boating lake and gardens
- > Supermarkets and Cafés
- > Trips to the beach

## Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnets Newton House**  
183 Newton Drive, Blackpool  
FY3 8NU



CYG-1764 | Date of Preparation: 07/03/25

Please visit [cygnetsgroup.com](https://www.cygnetsgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care