

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Bryn Y Wawr, Carmarthenshire



Nestled in the heart of Llandeilo, Bryn Y Wawr is a specialist residential service supporting adults with learning disabilities, behaviours that may challenge and associated complex needs. We provide person-centred care and support tailored to individual needs, promoting independence, wellbeing and active participation in community life.

Bryn Y Wawr offers a peaceful, homely and welcoming environment where people are supported to live fulfilling and meaningful lives. Some of the people we support have called Bryn Y Wawr home for more than 35 years, reflecting the stability, quality of support and a strong sense of belonging experienced by both staff and residents.



Mixed Gender



18+ years



10 placements



The people we support

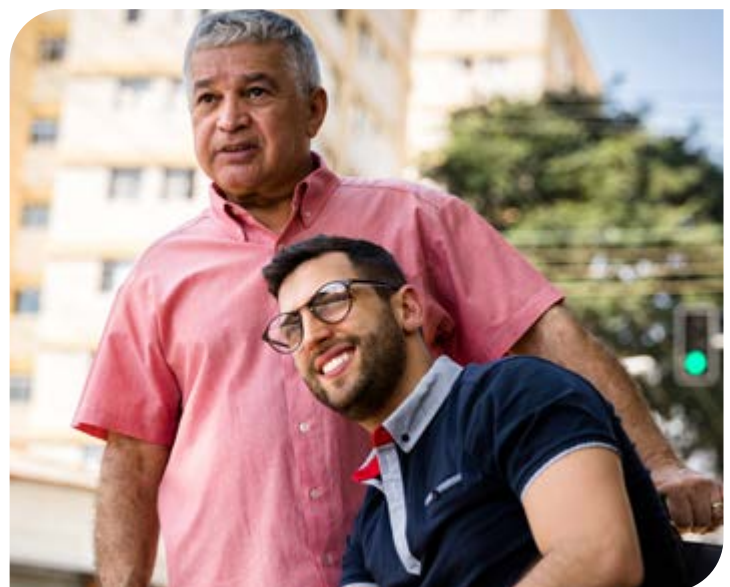
- > Adults aged 18+
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs

Community engagement

Community engagement is at the heart of life at Bryn Y Wawr. People frequently enjoy coffee mornings and visits in Llandeilo and take part in local activities such as cinema trips and bowling.

One individual volunteers locally supporting her skill development, confidence and independence.

The service is ideally located between the railway stations of Llandeilo and Ffairfach, helping residents access a wide range of activities across the region and making it easy for visitors to access.





Peaceful, homely environment

Well connected to the local community



On-site gym



Strong community links and regular local outings



Dedicated activities and arts cabin



Weekly swimming trips



Private Pilates sessions



Wellbeing activities



Opportunities for volunteering and community participation

Gardens, fruit trees and polytunnel for growing vegetables and flowers



Country walks



Life at Bryn Y Wawr

At Bryn Y Wawr, we encourage individuals to develop confidence and independence.

Support is tailored to each person's own goals, helping them build and maintain meaningful routines and build connections within their local community.

Residents are encouraged to take pride in their home as their own and are supported with everyday tasks such as washing up, baking and cooking. Everyone is supported to keep their room clean and do their own laundry. Meaning that all residents develop essential daily living skills.

People we support at Bryn Y Wawr enjoy regular activities including swimming, weekly walks through Dinefwr Park, as well as private Pilates classes - held outdoors on the lawn in good weather. Individuals also participate in local groups, volunteering opportunities and community events, fostering independence and social inclusion.

The service benefits from extensive outdoor space, including gardens, fruit trees and a polytunnel where people can grow fruit, vegetables and flowers. An on-site gym and dedicated activities and arts cabin provide space for fitness, creativity, learning and relaxation.



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Bryn Y Wawr
6 New Road, Llandeilo,
Carmarthenshire SA19 6DB

Phone number
01558 822 763



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