

*Improving lives together*

# Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

**Clynsaer, Carmarthenshire**



Set within beautifully converted 1930's mansion in rural Carmarthenshire, Clynsaer is a specialist residential service for adults aged 18+ with learning disabilities, behaviours that may challenge and associated complex needs. We provide tailored support that promotes independence, wellbeing and community participation, enabling each individual to live a full and meaningful life.

## Life at Clynsaer

Our person-centred approach helps residents develop independence, confidence and life skills. The home has a dedicated activity centre converted from a former stables. A wide range of activities, including weekly music therapy, baking, arts and crafts, sensory sessions and community outings, encourages engagement and wellbeing. Residents can also enjoy the beautiful grounds and outdoor spaces, including an on-site polytunnel where flowers, fruit and vegetables are grown.

Opportunities for work experience help individuals build confidence, develop practical skills and increase independence. Frank, our friendly service dog, is also a much-loved part of the Clynsaer community, bringing companionship and enjoyment to residents and staff alike.



Mixed  
gender



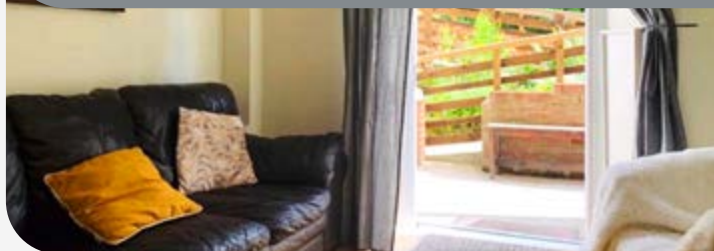
18+ years



11 placements

## The people we support:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability or mental health accompanied with behaviours that challenge
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## Supporting Independence and Wellbeing

Residents are encouraged to pursue their interests, take an active role in daily life and work towards personal goals that enhance their quality of life.

Through community outings, work experience placements and tailored activities, individuals are supported to build social connections, develop new skills and enhance their wellbeing. Access to specialist community healthcare professionals, including Occupational Therapy, Speech and Language Therapy, Psychology and Psychiatry, helps ensure support is tailored to each person's needs.

We also recognise the importance of maintaining strong relationships with family and friends and support individuals to stay connected with loved ones through regular contact, visits and home leave where appropriate.



At Clynsaer, we support people to develop the confidence, independence and life skills they need to live meaningful and fulfilling lives through person-centred support, therapeutic activities and meaningful opportunities both at home and in the community.



**Work experience opportunities** to build confidence and independence

**Peaceful rural location**, perfect for those who enjoy the outdoors and an active lifestyle



**Baking room, sensory room, arts & craft room and social spaces**



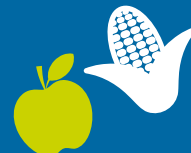
**Weekly music therapy sessions**



**Regular community outings and seaside trips**



**Gardens and polytunnel for growing fruit, vegetables and flowers**



## Recognised by the People Who Matter Most

The Clynsaer team was honoured to receive the All Star Service User's Choice Award (Social Care) at the Cygnet Staff Achievement Awards 2026. Voted for by the people we support, this special recognition reflects the strong relationships our staff build with residents and their commitment to delivering compassionate, person-centred care.

Chosen by those who know the service best, the award is a testament to the dedication, kindness and positive impact of the team, who are creating a supportive environment where people can develop confidence, independence and a fulfilling quality of life.



**Social Care Referrals**

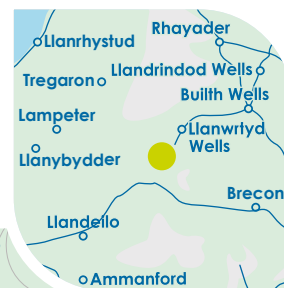
For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Clynsaer**  
Cynghordy, Llandovery,  
Carmarthenshire SA20 0LP

**Phone number**  
01550 750 224



CYG-1762 | Date of Preparation: 03/08/26

Please visit [cygnetgroup.com](https://cygnetgroup.com) for more info | Follow us on social media: [f](#) [i](#) [in](#)

**Integrity**

**Trust**

**Empower**

**Respect**

**Care**